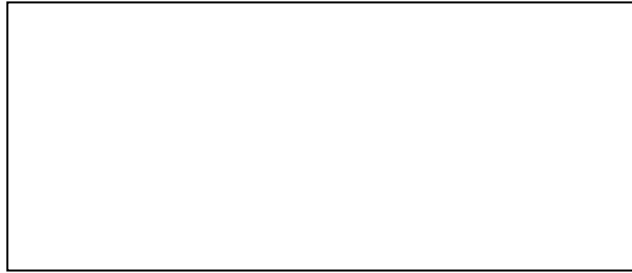
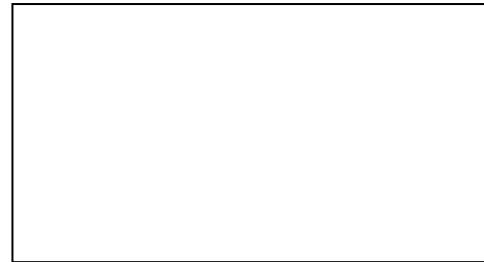


The newsletter for the island of Shapinsay, produced by the Shapinsay Development Trust.

Registered Charity Number SC034818; Registered Company Number SC255127.



SHAPINSAY HERITAGE ARTS & CRAFTS

Linocut Bauble Making Workshop

Create your own festive bauble using linocut techniques. Learn how to carve, print and make a unique decoration to take home.

SATURDAY 5TH DECEMBER

TIME 3-5:30PM

AT THE HERITAGE CENTRE (upstairs) in The Smithy, Shapinsay

Perfect for beginners - no experience needed!

All materials provided

PRICE:
General Admission: £7.50
SHAC members: £5
Children's admission: £2.50

Children are welcome to attend this event however will use a different relief printing technique to create their bauble to ensure safety.

'Sooans'

A heritage food made from fermented oats

Shapinsay Heritage Arts and Crafts
Shapinsay Heritage Centre
Wednesday 11th November

Come and discover!
Drop in between 11am and 3pm.

- Learn how sooans is made
- Find out about traditional oat fermentation
- Understand the role of local mills
- Hear about how sooans was eaten and cooked
- Taste!

If you have any memories or knowledge of Sooans then it would be great to hear from you!

SHAPINSAY HERITAGE ARTS & CRAFTS

Winter Events

SAVE THE DATES!

Month	Date	Time	Event
OCTOBER	SATURDAY 17TH OCTOBER	3-4:30PM	'The Wey Wae Spaek' Talk from Dr Tom Rendall Author of Gaan Nord on Orkney dialect and the book.
NOVEMBER	SATURDAY 14TH NOVEMBER	3-5PM	Wet Felting Workshop
DECEMBER	SATURDAY 5TH DECEMBER	3-5PM	Linocut Bauble Making Workshop
JANUARY	SATURDAY 23RD JANUARY	3-4:30PM	Stories from Near and Far International folk tales and local reminiscences
FEBRUARY	SATURDAY 20TH FEBRUARY	3-5PM	Tumbled Glass Picture Making Workshop
MARCH	SATURDAY 20TH MARCH	3-5PM	Rock Painting Inspired by Maile Work Workshop
APRIL	DATE TO BE CONFIRMED		SHAC AGM Tea Party and exhibition of works created over winter.

Come along, get creative and enjoy good company!
EVERYONE WELCOME - NO EXPERIENCE NEEDED

MORE DETAILS AND HOW TO BOOK TO FOLLOW

SHAPINSAY HERITAGE ARTS & CRAFTS

The Felting Wae Sshop

Learn to wet felt with this relaxed workshop making felt leaves to use as either a brooch or on a wreath.

SATURDAY 14TH NOVEMBER

TIME 3-5:30PM

AT THE HERITAGE CENTRE (unstairs) in The Smithy, Shapinsay

Get creative, learn a new skill and take home your own felt leaves!

All materials provided

PRICE:
General Admission: £7.50
SHAC members £5

This event is for ages 12+ but watch this space for a children's wet felting event!

Tickets available to purchase in the shop.

SUPPORTING HERITAGE, CREATIVITY & COMMUNITY IN SHAPINSAY

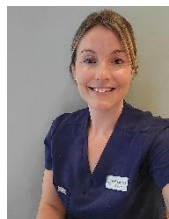
01/11/26 - Glass and plastic recycling

11/11/26 - Black/grey bins, no recycling

18/11/26 - Paper/thin card and metal cans/foil and aerosols

25/11/26 - Black/grey bins, no recycling

02/12/26 - Glass and plastic recycling



My name is Gemma the owner of Walkabout Podiatry Service, a mobile Podiatry service which is now into its 6th year of business. I am a HCPC registered Podiatrist as well as a member of the Royal College of Podiatry.

I graduated from Queen Margaret's University, Edinburgh in 2006 with a BSc (Distinction) in Podiatry/Chiropody.

I have 20 years of Clinical Experience with 14 years being within the NHS; where my main focus was MSK lower limb issues both adult and children as well as a keen Interest in High Risk diabetic foot care including Wound management.

I have qualified key skills in Routine Podiatry care such as treating all nail pathologies, ingrowing toenails as well as Corns, callous and many other foot problems with appropriate referral pathways where required.

⚠️ Prevention is Key for diabetic and vascular problems as well as neuropathic issues. Full diabetic foot screening and neurological assessments given.

Currently and routinely I provide a home visit service in Shapinsay every couple of months, my next visit is the 6th of November, if you would like an appointment, get in touch.

Please get in touch if you require an appointment or any advice on 07739318622 or email walkaboutpodiatry@outlook.com.

Shapinsay Development Trust support this service by paying for travel and providing the car service on the island for home visits. They will also pay for your initial consultation appointment.

November



E	F	I	R	E	W	O	R	K	S	Y	Y	R	W
K	U	B	J	A	C	K	E	T	S	D	T	S	S
C	R	I	S	P	R	C	G	R	B	K	S	P	O
P	S	R	S	G	O	D	T	O	H	R	O	M	E
N	M	E	B	G	Y	K	R	A	D	S	R	D	D
L	B	M	S	U	D	S	R	R	F	T	F	R	U
J	N	E	J	Y	N	P	B	O	N	F	I	R	E
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E	U	B	M	A	W	R	E	E	V	D	B	O	Y
A	T	R	P	W	C	K	N	E	E	R	N	P	R
V	U	A	E	K	O	L	K	A	M	L	E	P	T
E	A	N	R	E	S	E	O	A	B	S	W	I	S
S	S	C	S	S	Y	R	E	R	E	F	P	E	T
F	M	E	P	W	I	S	D	C	R	R	V	S	E

BONFIRE
SPARKLERS
POPPIES
FROSTY
JUMPERS
REMEMBRANCE
LEAVES
CRISP
JACKETS
GUYFAWKES
FIREWORKS
AUTUMN
HOTDOGS
WINDY
DARK
NOVEMBER
COSY





SDT COMMUNITY

Paper Making Workshop



SDT Community is delighted to host Chimene Taylor for a paper making workshop. Chimene is a glass and textile artist who also makes and sells papers using natural and recycled materials.

Sunday 1/11/2026, 14:00-18:00
Clubrooms, Shapinsay Community Centre

£5 per person
Booking required



your handmade paper will continue to dry at home

All equipment, supplies and light refreshments provided. This event is part subsidised to lower costs.



For more information and to book your place contact fiona@shapinsay.org.uk or pop into the Boathouse



SDT COMMUNITY

Wreath Making Workshop



SDT Community is delighted to host Cat Moore for a festive wreath making workshop. Cat is an artist and self taught linocut printmaker. Cat has hosted this workshop before- early booking is required!

Thursday 26th of November, 19:30-21:00
Clubrooms, Shapinsay Community Centre

£30 per person
Booking required



All equipment, supplies and light refreshments provided. This event is part subsidised to lower costs.

For more information and to book your place contact fiona@shapinsay.org.uk or pop into the Boathouse



SDT COMMUNITY

Upcycled Wreath & Festive Crafts



Join Fiona for festive crafts. Try out fabric wreath making with upcycled textiles, card making, cross stitch or bring along your own project.

Don't fancy crafting? Come along for a coffee and a yarn.

Friday 11th of December, 13:00-16:00
Clubrooms, Shapinsay Community Centre



All equipment, supplies and light refreshments provided. This is a free event. Donations are always welcome!



For more information contact fiona@shapinsay.org.uk or pop into the Boathouse

Piece Place

Coffee, cake and soup



TUESDAY
3rd of November 26



13:00-16:00



IN THE CLUBROOMS

All welcome

Donations towards costs gratefully received as it helps to cover the costs of future events.



Shapinsay
Development Trust





£5 Residents **£16 Non-Residents**

Winter Warmers

Come and join us for a cosy lunch in the Smithy

11th November 12-2.30pm
Chicken Pie/Veg Tart and Pineapple upside down cake
and
25th November 12-2.30pm
Spaghetti Bolognese, Garlic Bread and Chocolate Cake with chocolate Custard

(residents) £5 for 2 courses and an instant tea or coffee

Please book to avoid disappointment - max bookings 8 people

Orkney Community Planning Partnership

Shapinsay Development Trust



CHRISTMAS MENU

STARTERS

- Traditional Prawn Cocktail £9.00
- Deep Fried Breaded Grimbister Cheese £9.00
- Honey Roast Parsnip Soup £6.50

MAIN COURSES

- Traditional Turkey Dinner and all the trimmings £19.50
- Sirloin Steak with Whisky or peppercorn Sauce, skin on fries and Onion Rings £26.95
- Lentil, Carrot & Coriander Burger on a toasted brioche bun served with pickled red onion, coleslaw and skin on Fries (VG) £16.25
- Festive Beef Burger with Pigs in Blankets, cheddar cheese, onion rings & cranberry sauce, served with Fries

DESSERTS

- Festive Sticky Toffee Pudding £8.50
- Orkney Fudge Cheesecake £8.50
- Warm Chocolate Brownie £8.50
- All served with cream or ice-cream
- Sorbet £5.00
- Orkney Ice-Cream £5.00

The Smithy CAFE RESTAURANT

Dairy free and GF options available - enquire at the time of booking

Please Book to avoid disappointment via messenger, 711243 or Smithy@shapinsay.org.uk



November at the Smithy



We are open for Winter Warmers on Wednesdays the 11th and 25th

Sunday Brunch on Sunday the XX November

Takeaways every Friday 4.30-7pm

Pub open every Friday till midnight and Saturday 8pm till Midnight




SHAPINSAY PARENT COUNCIL

Christmas Fair

SUNDAY 29TH NOVEMBER

Spreading Christmas Cheer!
come along and get some early Xmas Shopping

To book a table (£5 + raffle prize) please contact:
Gemma Leslie, Quoymorhouse
FB Messenger or 07776010225

Doors open to public 2PM - 4PM

Refreshments by the Mens Shed

Shapinsay Community Centre

Did you know, the traditional landlines are being switched off in January?

What does this mean? It means that unless you have made the switch to a digital phoneline, your phone will not work anymore. If you are worried about this, you can pop into the Boathouse and we can help you get help to get this sorted for your home. Most people have made the switch, but around 20% of homes in Orkney still need to switch over, if we can help you make the transition, please get in touch. If you have broadband already, the switch is very simple!

The Digital Phone Switchover



ORKNEY
ISLANDS COUNCIL

What you need to know

What is the digital phone switchover?

The UK's telephone network is changing. Between now and January 2027 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology. This means services that rely on the old landline system such as home phones, telecare and health devices will need to be compatible.



How will it affect me/what do I need to do?

The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to fibre broadband.

Your telecoms provider (for example, Vodafone or BT) should contact you before the switchover to check in and discuss what you need to do to make sure any reliant services you may have aren't affected. However, we're encouraging everyone to know what to expect.

The change may be as simple as plugging your phone into a broadband router rather than the phone socket on the wall, or you may be given a new router to do this.

Please note that your provider will move you to a digital service before January 2027. If you care for a vulnerable person, please keep an eye out for correspondence notifying of a switch over date.

If you have any concerns or questions, please contact your telecoms provider directly.



Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line?

If yes, then please contact the Telecare Team at Orkney Islands Council.

Tel: 01856 873 535. Extension 2635

Shapinsay Development Trust update

After a busy September with the AGM, the Gas House competition, the DTAS conference and the Workforce summit, October has been a quieter month giving us time catch up and regroup! After the AGM Simon Meason was nominated as our new Chairperson and Barry Moncrieff will remain in the role of treasurer. We had a good turn out at the AGM, so thank you to everyone who came along and got involved. A special thank you goes to those who helped with dishes and tables and chairs afterwards, it's always appreciated!

If anyone would like a copy of the annual report, it is available to download from the website or you can pop into the Boathouse and pick up a copy. There's also a couple of copies in the foyer at the Smithy.

Fiona has hit the ground running in her role as Community Coordinator, with over 80 people joining across eight different events in October! The aim of this role is to bring people together and create social spaces on the island to help tackle loneliness and isolation, whether that's over a coffee and cake, some crafting, puzzles or just a good chat.

At Piece Place in October, we raised over £200 for **Macmillan Cancer Support**.

Another aim of the project is to raise awareness of climate-related issues, whether that's by reducing waste, cutting bills or simply helping people think about the little things we can do differently. Our first event with this in mind was a draught excluder-making workshop, where donations to Cast Affs that were unsold or unsuitable for resale were repurposed into draught excluders. A great way to help keep homes warmer and give old, unloved clothes a new lease of life!

Fiona has plenty more planned for November, including the ever-popular Crafternoons, a papermaking workshop, a wreath-making workshop, an upcycled wreath and festive craft workshop, and an extended Piece Place session. Lots to get involved in!

If you have suggestions for skills you'd like to learn or workshops, activities or events you'd like to see happening as regular or one off sessions, send Fiona an email on fiona@shapinsay.org.uk and she will see what she can do!

Looking ahead, November will be a month of working out the next steps for the Gas House and Spion Brae, and hopefully we'll also see some visible progress at Balfour Cottages after a quieter month in October. You will have spotted that it's been quite quiet on site, some of the delay at Balfour Cottages was due to workers holidays, but we've also hit a bit of a snag with the water main. Unfortunately, Scottish Water had the wrong location for where they believed the main was, which means it now needs to be moved. This will mean some extra expense and time, as we'll need to bring in an external contractor to carry out the work – and these things don't happen overnight!

To add another complication, the area we need to access isn't on our own property but on Balfour Estate land, and we haven't been able to access it because the ground is so wet. Everyone is now looking at alternative solutions that won't involve going onto the adjoining land. Hopefully, this won't hold things up for too long, and we can get things moving again and get the kit up this month!

As always, thank you to everyone who continues to support the Trust and all the things happening across the island. It's great to see so much going on across the island, the newsletter is full of events happening!

If you would like to add anything into the Shapinsay Sound for December, let us know as soon as you can! We can include a Christmas Greetings feature if people would like to wish their fellow islanders a Merry Christmas and save a few pounds in stamps! Please get in touch if this is something you would like to do! (who can actually believe we are even discussing December already!?)

Shapinsay Surgery

November is Testicular Cancer Awareness

Testicular cancer affects around 2,400 men a year. It can occur at any age BUT the majority of men diagnosed will be between the ages of 15 and 45

So...



Learn more about the sign, symptoms and risk factors

Please feel free to pop into the surgery during office hours to pick up our range of supportive information which you might find useful.

SHAPINSAY AGRICULTURAL ASSOCIATION

*Tickets on Sale Thomas Sinclair
Shop until Friday 6th November*

HARVEST HOME

**SATURDAY 14TH NOVEMBER 2026
SHAPINSAY COMMUNITY CENTRE**

Meal by Kerry Leask
£25 Adult

£15 Secondary Age

£10 Primary Age

(under 5 free contact Gemma Leslie)

£10 Dance only

**DANCE
TO
WAYWARD**

SHAPINSAY COMMUNITY COUNCIL

Meeting

**Wednesday,
November 25th
6:45 pm, Clubrooms**

- Please send financial request forms and items for discussion to the Clerk **at least two weeks before the meeting** so they can be circulated to members

shapinsayclerk@gmail.com
Democratic services 01856 873535

REMINDER

AGGREGATE SCHEME



If your application
was approved,
please submit
your claim
ASAP

Shapinsay Community Council
shapinsayclerk@gmail.com

Democratic Services
communitycouncils@orkney.gov.uk
01856 873535 extension 2264 or 2237



**Family Friendly
FIREWORKS NIGHT
QUIZ**

Butchers Sausages in Rolls
Hot chocolate, Tea and Biscuits
Bring Along Your Own Drink (BYOB)
RAFFLE

First Prize
Family Ticket with Car Return Trip
Stromness - Scrabster

Second Prize
Individual Return on
Pentland Ferries

Quiz starts at **8PM**
£5 PER TEAM OF 4 ADULTS (plus children)
Money raised for Shapinsay Community Association
Veggie option available

AT THE COMMUNITY CENTRE
All welcome
Friday 6th November

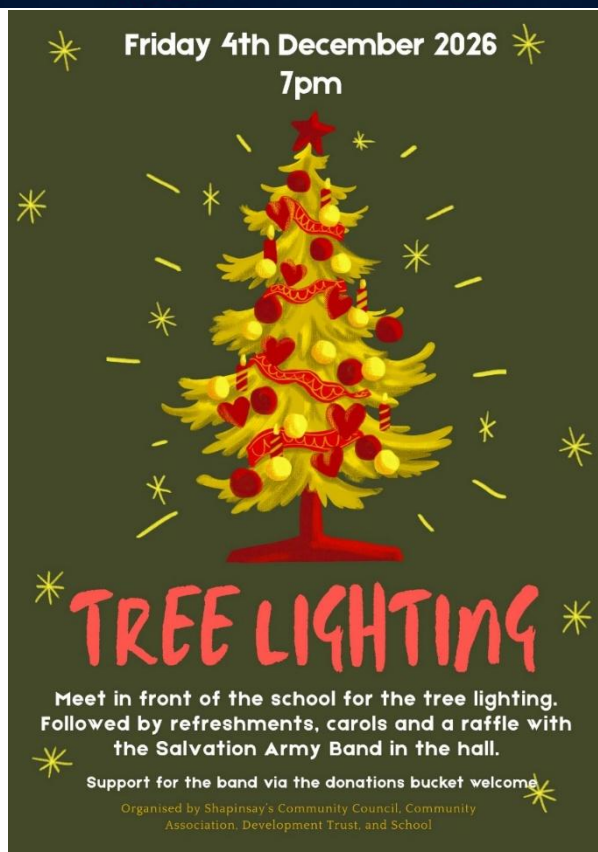


**Fireworks Display
and Quiz Night**
Friday 6th November 2026
7pm

Fireworks in the playing field behind the school
Spectators are kindly asked to stand on the pavement overlooking the playing field.

Followed by a family-friendly quiz, refreshments & raffle in the Clubrooms

Organised by Shapinsay Community Association
Fireworks provided by Shapinsay Community Council
with funding from the Shapinsay Development Trust
Proceeds to help with the running and upkeep of the Community Centre



Friday 4th December 2026
7pm

TREE LIGHTING

Meet in front of the school for the tree lighting.
Followed by refreshments, carols and a raffle with the Salvation Army Band in the hall.

Support for the band via the donations bucket welcome
Organised by Shapinsay's Community Council, Community Association, Development Trust, and School



SHAPINSAY PARENT COUNCIL

BINGO NIGHT

£8 for 8 Games
Flyer £2
Raffle
Refreshments

SATURDAY 28TH NOVEMBER
DOORS OPEN AT 7PM.
EYES DOWN 7.30PM

Hall, Shapinsay Community centre