

The newsletter for the island of Shapinsay, produced by the Shapinsay Development Trust



**SHAPINSAY**  
AGRICULTURAL ASSOCIATION  
**SHOW**  
**TUESDAY 4<sup>TH</sup> AUGUST 2026**  
**AGRICULTURAL SHOW**  
— opens 10am —  
(JUDGING STARTS AT 11AM)

**CATTLE**  
**SHEEP**  
**GOATS**  
**HORSES**  
**DOGS & PETS**  
(ONE DOG CLASS IS OPEN TO ALL, ENTER ON DAY)

**SHOWPARK CATERING**  
**SIDE STALLS**  
**BEER TENT**

## community CAFE

**August 4**  
**10am - 3pm**  
**Clubrooms**



Join us for homebakes and refreshments during the Shapinsay Show.

By donation.

REGROW



Scottish  
Ambulance  
Service  
Working in Partnership with Universities

## RECRUITING

### Emergency Island Responders

**Want to support  
your local island  
community?**

The Scottish Ambulance Service are proud to provide an emergency ambulance service to the population of Scotland.

Across the isles in Orkney, we have over 50 Responders working in 8 locations supporting their island communities.

SAS are currently recruiting suitable candidates to your island team.

**For more information:**

[sas.northernislesresponders@nhs.scot](mailto:sas.northernislesresponders@nhs.scot)



#### Key Requirements

- 18 years old
- Full driving license
- Desire to learn and support your local community



## Piece Place ☺ COFFEE Afternoon



TUESDAY  
**7<sup>th</sup> July**



**11<sup>th</sup> August**  
**2-4PM**



IN THE CLUBROOMS

*All welcome*

Donations towards costs gratefully received as it helps to cover the costs of future events.



Shapinsay  
Development Trust



Saturday, September 26, 2026

10:30am - 4pm

Shapinsay Kirk & Reflective Space

yoga · breathwork + sound  
creative practice · massage (add-on)



## gathering

on Shapinsay

Visitors £75 · Community £50

Lunch & refreshments included

Low/no income rates available

Questions: [alison@regrow.life](mailto:alison@regrow.life)

Book: [picktime.com/regrow](http://picktime.com/regrow)



Amber and Stone  
Body Rituals by Lorna Tyler



## 4 Ebikes for sale

2 small, 2 medium

Available to residents first  
£250

Submit your name and preferred  
bike size (medium or small) to  
[boathouse@shapinsay.org.uk](mailto:boathouse@shapinsay.org.uk)

If more names than bikes are received, names will be drawn from a hat

**FOR URGENT MEDICAL  
HELP WHEN THE  
SURGERY IS CLOSED**

**CALL 111**



**IF YOU ARE VERY UNWELL OR  
THINK YOU NEED AN AMBULANCE**

**DIAL 999**

PLEASE DO NOT CONTACT THE BALFOUR FOR URGENT  
MEDICAL SUPPORT OUT OF HOURS, YOU WILL BE  
REDIRECTED TO CALL 111/999

## Shapinsay Health Centre

### Monthly Health Promotions

#### August is... Bowel Cancer Awareness

Bowel Cancer Awareness is the topic for August.

1 in 20 UK females and 1 in 17 UK males will be diagnosed with bowel cancer in their lifetime. It is the 2<sup>nd</sup> most common cause of cancer death in the UK.

The good news is: 54% of bowel cancer cases in the UK are preventable if we know what to do and what to look out for.



Please feel free to pop into the surgery during office hours to pick up our range of information which you might find useful.



**THE BOATHOUSE  
IS CLOSED  
SHOW WEEK (3<sup>RD</sup>  
- 7TH AUGUST)**

**The bike phone will still  
be manned, so please  
call 0747151791 for  
bike related enquires**

MEMBERS PLEASE ACCEPT THIS INVITE

## SHAPINSAY DEVELOPMENT TRUST AGM

MONDAY 21<sup>ST</sup> SEPTEMBER



Company limited by  
guarantee Registered in  
Scotland No. 255127

Registered Charity SCO34818



05/08/26 - Black/grey bins, no recycling

12/08/26 - Glass and plastic recycling

19/08/26 - Black/Grey bins, no recycling

26/08/26 - Paper/thin card and metal cans, foil and aerosols

02/09/26 - Black/Grey bins, no recycling





## Show Day Menu

Food served 10-2pm - All served in takeaway containers



Loaded Fries £10.00

Pulled pork, Curry, Bacon and cheese, Chilli

Hot dog with Onions £4.00, add loaded fry toppings for £3.00

Hot Sausage Rolls, Quiche, Steak bakes, Cheese & Ham bakes £5.00 (in pie warmer)

Chips £4.00

Sandwiches (packaged ready to go) £5.00 Tuna, Egg Mayo, Cheese and Ham, Cheese & pickle

Hot drinks, tray bakes and cheesecakes available to takeaway



*The Smithy*



For the community, by the community.

We are a training cafe, so your patience is appreciated with our young staff members.

## Development Trust News

We are delighted to have been awarded two grants in the last month!

The first is a £5,000 grant from the Younty Fund, which will allow us to deliver a new climate and wellbeing-focused project. This will be match funded by SDT, enabling the project to run for a full year. See the job advert in the next column, we are looking for someone to do 8 hours organising activities and community events, especially over the winter, to bring people together.

The second is a grant of almost £10,000 from Hitrans, which will fund three new e-bikes for hire, two children's bikes, and a range of safety equipment to help make walking and cycling safer in our community. This includes items such as bike lights and reflective gear, helping to ensure everyone can be seen.

We will be providing the school with hi-vis tabards featuring a reflective strip, along with reflective keyrings for any bairns who would like one. There will also be a variety of safety items available for the wider community once everything arrives.

We will also have four e-bikes available for sale at £250 each. The closing date for applications will be **10<sup>th</sup> of August**.

We've now set the date for our AGM, which will take place on **21st September**. This is a great opportunity to hear more about all of our projects, help shape future ideas, and, of course, pick up some of those reflective goodies!

In September, Davie and I (Lisa-Marie) have been invited to deliver a workshop at the Development Trusts Association Scotland (DTAS) Conference. We'll be taking a "Deep Dive" into what it takes to run a development trust in a rural island community, and we're really looking forward to sharing our experiences over the years of what has worked for us and what hasn't!

I also recently attended a "Business in Community" event, which provided a great insight into the challenges facing businesses across Orkney. It was interesting to hear so many common themes emerging across both businesses and third sector organisations. In many ways, it was reassuring to know that the challenges we face are shared by others, and that we're certainly not alone.

## Job Vacancy: Community Coordinator

Are you passionate about bringing people together and making a positive difference in your community? We're looking for a warm, friendly, and organised Community Coordinator to join our team for 8 hours each week. In this role, you'll help strengthen community connections by organising events and workshops, working closely with the Community Development Officer (CDO), and providing practical support to existing community groups when needed, helping create a vibrant and connected community.

### Key Responsibilities

- Organise and coordinate community events, activities, and workshops.
- Work alongside the Community Development Officer (CDO) to deliver community initiatives.
- Support existing community groups and encourage community participation.
- Work closely with the community association as a keyholder for community facilities.
- Develop knowledge of local support organisations, including THAW, Warmworks, Citizens Advice, Blide Trust, and others, so you can signpost residents to appropriate services if necessary.

We're looking for someone who is:

- Flexible, friendly, approachable, and compassionate.
- Well organised and able to manage a variety of tasks independently.
- A confident communicator who enjoys working with people.
- Proactive, reliable, and able to work collaboratively.
- Passionate about supporting local communities and helping people access the support.

If you enjoy connecting people, organising activities, and making a real difference in your local community, we'd love to hear from you.

8 hours per week at a competitive salary

Closing date 15<sup>th</sup> August – contact

[boathouse@shapinsay.org.uk](mailto:boathouse@shapinsay.org.uk) for more details

## Thomas Sinclair - An opportunity



I'm reaching out to share that I'm beginning to explore future options for the Shapinsay shop, including the possibility of leasing the business or selling the business while retaining the building. Nothing is decided, and I'm taking this slowly and carefully, but I'd like to quietly gauge whether there may be any local interest before I look more widely.

The shop has a long-standing role in the island community, and it's important to me that any future arrangement protects that continuity and keeps things running smoothly for residents and visitors. I'm open to different structures depending on the right person and the right fit.

If you would like an informal conversation, or simply want to understand what this might involve, please feel free to get in touch. There's no pressure or expectation at this stage – I'm just gathering early interest and seeing what possibilities exist.

Warm regards,  
Sheena



