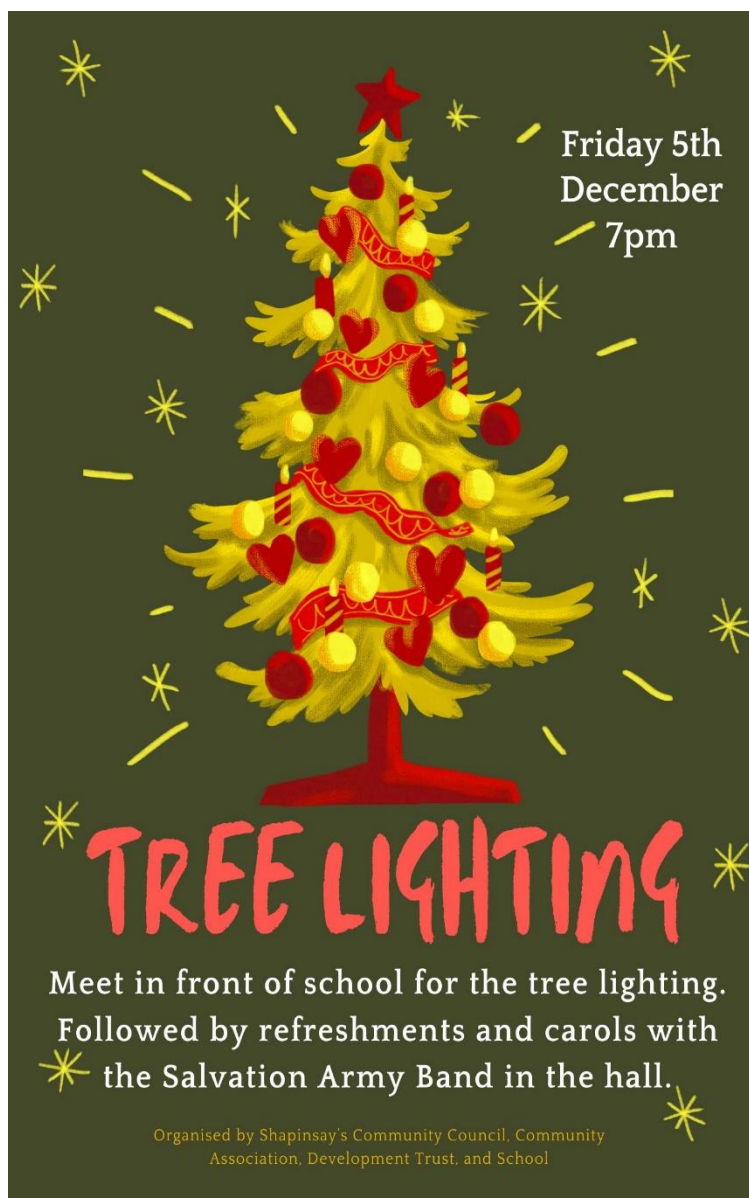


The newsletter for the island of Shapinsay produced by the Shapinsay Development Trust.

Registered Charity Number SC034818; Registered Company Number SC255127.



If you or someone you know has been affected by cancer, the Improving the Cancer Journey service is here to support you.

To find out more about ICJ and to access the self-referral form, visit: [Improving the Cancer Journey \(ICJ\) | NHS Orkney](#)

If you have any questions or would like to refer yourself or someone else into ICJ, contact us today:

- Email: ork.icj@nhs.scot
- Phone: 01856 888084 (Public Health Department)

Improving the Cancer Journey (ICJ) Service



Cancer affects more than just your health - it can touch every part of your life

Whether you're dealing with financial stress, emotional worries, or practical challenges like work or caring responsibilities, the Improving the Cancer Journey service is here to help.

Improving the Cancer Journey offers personalised, non-clinical support tailored to what matters most to you. From accessing benefits advice to connecting with wellbeing services, we're here to make sure you don't have to face it all alone.

You may have noticed the new signs at the Shapinsay slip in Kirkwall, our community council campaigned to get something done about the fact that lots of non-ferry users were parking in the spaces, meaning that ferry users were unable to use them, this was particularly evident when the work was being carried out at the Albert hotel when the workers were using the spaces daily. Some of our Community Councillors met with representatives from OIC to come up with a solution, one suggestion was making the signage clearer as the sign that was there was barely legible.

Pictured below is Stephen Clackson with the new signs!



COMMUNITY LARDER

DONATIONS ACCEPTED

SDT are going to continue to donate £50 worth of food each month to the community larder. If you would like to donate tins, toiletries, dried goods or money towards the larder, please get in touch.

Please do not donate non-food or toiletry items. Any such donations can be given the Cast Affs where goods are given out on a "Pay what you can" donation basis



Celebrating Volunteers

The last of the volunteers we are celebrating for 2025 comes from somewhere you might not realise how many volunteers are involved to keep it going – the Kirk!

Worship Group, Shapinsay Kirk

Shapinsay Kirk has been fortunate over the years to have folk willing to lead worship as well as those who do the weekly Bible readings and look after the music.

Our minister, Julia, is here every third week, but a service is held in the Kirk every week. The Worship Group usually lead a service once or twice a month and we have worship leaders coming from the Mainland on the other Sundays. We may also take special services such as the Remembrance service at the War Memorial and services at Christmas. Occasionally we deliver services at very short notice if the weather or illness stops the planned leader getting out.

At the moment we have three folk who regularly lead worship, Caroline, Kenny and Sheila. We've all been involved for many years and have grown in confidence over that time. We have also all done some training on how to prepare and deliver a service. There's lots of material available to help with this, much of it online, and we regularly use the worship material on the Church of Scotland website and resources like Spill the Beans. Both have prayers, sermon and hymn suggestions as well as the readings for the week. There're also sites like Sermons that Work that have a wide range of sermons based on specific reading and these often provide inspiration.

As well as those who lead worship there's a rota of readers who read the set Bible readings for the week. This can be challenging, particularly Old Testament readings which are

often peppered with unfamiliar names and places that are tricky to get your tongue round! There may also be contemporary readings, maybe for more than one voice. The reading rota comprises Caroline, Edith, Emma, Kenny and Sheila.

Music is also an important part of each service and although we don't have an organist, we do have an amazing digital machine called a Hymnal Plus which is expertly operated by Robert. This gives us access to a huge range of hymns and other church music, played on a variety of instruments and with the ability to vary the speed and volume to suit our needs.

We probably all get different things out of being part of the Worship Group. In the widest sense it's a way of giving something back to our community. By using our skills and talents we are also helping to ensure the continuation of in person, weekly worship here, which we know is important to many of the folk who attend church. On a more personal level it grows your understanding of Christianity and, while it may at times challenge your faith, it also deepens it.



What's on, What's off over the festive period

SHAPINSAY HEALTHY LIVING CENTRE



We will be closed from 24th
December to 4th January.
We would like to wish all our
clients a Merry Christmas
and a Happy New Year!



Shapinsay Agricultural Association are offering an Island
Christmas Delivery service, (Like the Scout Post in Kirkwall).

There will be a box in Thomas Sinclair Shop for you to drop your
items into, and we will collect, sort and deliver. The Boxes will be out
until Tuesday 16th December



Place your cards in a plastic
bag with the correct money,
then post in the box. If you are
unable to access the box,
please contact us via our
Facebook page or by calling
Gemma on 711229 and we
can arrange collection.

40p per item

Thanks for supporting a local organisation

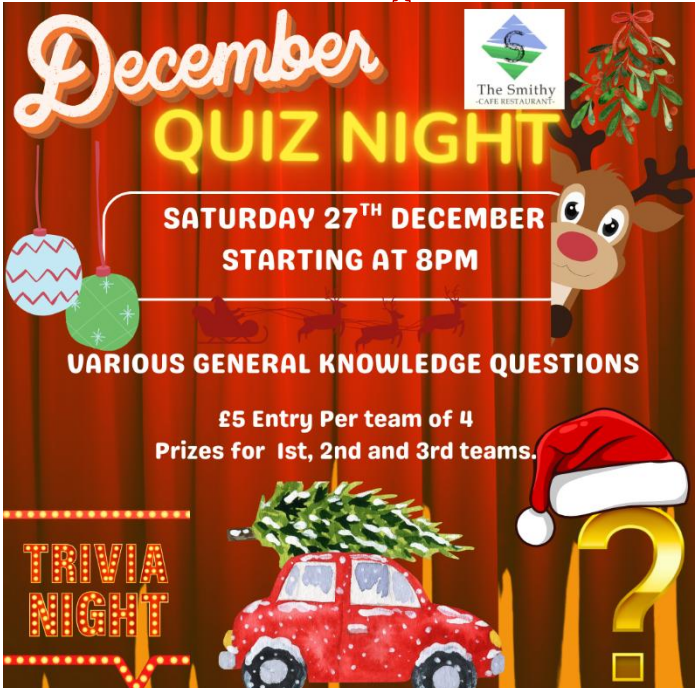
CHAIR YOGA

Friday 5th December

Friday 12th December

Back to normal on the 9th
of January

11am in the Clubrooms

**December
QUIZ NIGHT**

**SATURDAY 27TH DECEMBER
STARTING AT 8PM**

VARIOUS GENERAL KNOWLEDGE QUESTIONS

**£5 Entry Per team of 4
Prizes for 1st, 2nd and 3rd teams.**

**TRIVIA
NIGHT**



Winter Warmers

**Thu 18th Dec
12pm - 3pm**

**Minute Steak, Yorkshire
Pudding, Chips and Gravy**

**Bread and Butter Pudding with
Cinnamon**

£7 Residents £13 Non Residents

**Max Booking Tables of 4
90 mins table turnaround
12-1.30 Booking slots**

**Please Book to avoid disappointment via
messenger,
or Smithy@shapinsay.org.uk**



To be held at the Smithy on Saturday 6th, 13th and 20th Dec

CHRISTMAS MENU

STARTERS

Traditional Prawn Cocktail £8.50
Roasted Winter Veg Soup £6.50

MAIN COURSES

Juicy Traditional Turkey Dinner £19.50
Sirloin Steak with Peppercorn Sauce,
Chips and Onion Rings £26.95
Roasted Butternut Squash
with all the trimmings (Veg Option)
£16.25

DESSERTS

Sticky Toffee Pudding £8.25
Baileys Cheesecake £8.25
Trio of Sorbets £6.50
Cheeseboard £10.50

Please Book to avoid disappointment via messenger,
711243 or Smithy@shapinsay.org.uk

Out Of Hours Ferry Service Festive Opening Hours



**Closed on the 25th and 26th December
and 1st and 2nd January**

Open as normal for the rest of the Xmas
and New Year season!

Please book by 1pm on the 24th
December and by 1pm on 31st
December



The Boathouse will close
19th December, re-opening
on the 5th of January

Merry Christmas from the
staff at the Boathouse

Shapinsay
Development Trust



December Hours

Takeaway or Sit In
4.30 - 7pm Fridays
Bar Open till Midnight Fri, Sat

Closed 26th Dec and 2nd Jan (No takeaway or Bar)
Christmas Meals 6th, 13th, 20th booking only
Winter Warmers 18th Dec
Quiz 27th Dec

Shapinsay Development Trust Car Service



**Closed 25th & 26th December
and 1st & 2nd January**

**Open as normal for the rest of the Xmas
and New Year season!**

Please book by 4pm on the 24th
December if you would like the car
service on the 29th December and by
4pm on 31st January if you would like
the car service on 5th of January.

Are you worried about being cold over
the winter months? Are you worried
about keeping warm if there is a
prolonged power cut?

Shapinsay has a flask and hot water
bottle service for folk who feel they
would benefit.

**If you, or someone you know, would
like to access this service, please
contact The Boathouse on 01856
711733 for further information.**

*Flasks & hot water bottles provided by Shapinsay
Medical Fund Committee*



FESTIVE OPENING TIMES

December 2nd 2-4pm
December 9th 2-4pm
December 16th 2-4pm
January 6th 2-4pm

Shapinsay Surgery Opening Hrs over Christmas and New Yr.

The Surgery will be closed on
25th and 26th of Dec
1st and 2nd of Jan 2026
all other days will run as per usual.

For all Emergencies ring 999

**Merry Christmas and Happy New Yr,
from all Shapinsay Surgery Staff.**



Shapinsay Community Association

are hosting the



CHRISTMAS TREE PARTY

on



Sunday 14th December 2025

3:00- 5:30pm

Donations of home-bakes would be greatly appreciated.

The party will take place in the school hall.

Parents / carers must remain with their children.

There will be games, tea and a visit from Santa!



Screen Machine

Scotland's Mobile Cinema Taigh-dhealbh Siùbhlach na h-Alba

Fri 5 - Sat 6 December 2025

Shapinsay, Gatehouse Square

Adults £9, Concessions £6.50

There is a 50p fee per ticket when booking online. Please consider adding a £5 or £1 donation to your booking. Tickets are also available on the door.



Scan the QR code or visit our website to book tickets:
www.screenmachine.co.uk

We would like to thank Pentland Ferries and Orkney Ferries for their support in making our visit to Orkney possible.

Friday 5 December

4.30pm
The Choral (12A)

8.30pm
I Swear (15)

Saturday 6 December

2pm
Grow (PG)

5.30pm
Downton Abbey: The Grand Finale (PG) **Captioned**

8.30pm
Springsteen: Deliver Me from Nowhere (12A)



The Choral

(12A) 1 hr 53 mins
Historical comedy-drama starring Ralph Fiennes about a community using song to help them navigate the difficulties of WWI. "an unsentimental but deeply felt drama" The Guardian



I Swear

(15) 2 hrs
Uplifting Scottish biopic about Tourette's syndrome spokesman John Davidson. Contains strong language. "Empathetic, funny" Time Out. Preceded by the short film *The Test* (3 mins)



Grow

(PG) 1 hr 47 mins
Family comedy about a young girl with a special connection to plants entering a pumpkin growing contest. "Incredibly charming" Movies We Texted About. Preceded by the short *A Small Garden by the Window* (4 mins)



Downton Abbey: The Grand Finale

(PG) 2 hrs 3 mins **Captioned**
The Crawleys and their devoted staff enter the 1930s looking to secure their future. "does Downton proud" Empire. Preceded by the short film *Bull* (3 mins)



Springsteen: Deliver Me from Nowhere

(12A) 2 hrs
Jeremy Allen White stars as Bruce Springsteen in this biopic about him confronting his past trauma while making his acclaimed album *Nebraska*. "bracing and moving" The Wrap

Visit our website to read more about the films.



All 14-and-unders must be accompanied by a parent or 21+ guardian at screenings later than 8pm.

Fully accessible for wheelchair users. We have a personal inductive neckloop facility for hearing aids equipped with a T-switch. Read more at:

screenmachine.co.uk/accessibility

SAVE OUR SCREEN MACHINE



TO DONATE, PLEASE SCAN THE QR CODE OR VISIT:
www.crowdfunder.co.uk/up/save-our-screen-machine



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Screen Machine is owned and operated by Regional Screen Scotland

Kirk News

As the days grow shorter and winter edges in, Christmas is just around the corner!

You're warmly invited to join us for a cuppa before the service on Sunday 14th December at 11:30 am, followed by our service at 12 noon.

It's now over a year since the Service of Union that formed Orkney Islands Church of Scotland. Although our parish has a new name, our weekly worship in Shapinsay continues as normal. Eventually there will be one shared bank account for the wider parish, but we have been assured that the income and spending from each congregation is still recorded separately. That means your weekly offering will continue to be counted for Shapinsay.

As more people move away from using cash, many in our congregation now give directly by bank transfer. If you'd prefer to give this way—either as a one-off or regularly—our details are:

Account Name: Shapinsay Church of Scotland

Sort Code: 83-24-07

Account Number: 00255731

Your ongoing support means a great deal—thank you.

We meet for worship every Sunday at 12 noon, and you're always welcome.

7th December: service will be led by Rev Derek Brown.

14th December: cuppa at 11:30 am, then at 12 noon I will lead worship in Shapinsay.

24th December: community carol signing event at 4 pm, followed by mulled wine and mince pies.

25th December: short Christmas Day service at 11 am.

We really hope to see you soon.

Rev Julia Meason

JMeason@churchofscotland.org.uk Tel: 874789 / 711275

Shapinsay School December 2025

As we head towards December, we are practising music for the tree lighting and the end of term assembly. We hope that people will come for both events. The end of term assembly is on Wednesday 17th December, at 1.30pm in the school hall. Parent Council will be doing a raffle and providing refreshments afterwards.

Thank you to everyone who helped support our fundraising for Children in Need. We raised over £245 in the end! The library group also did some fundraising for the library and raised £110 towards books.



Primary Learning

The Stars class have been doing lots of different things. In numeracy, they are learning fractions (proper, improper and mixed number), how to create equivalent fractions and how to simplify them, and how to find a fraction of a number. In literacy, the children are learning how to write a portal story. In topic, the children are learning about Robert Stevenson, the Scottish lighthouse engineer and his legacy.

In the Sunshine class the children have been learning about lighthouses in Orkney. They each researched one and we made a class powerpoint. In Technologies they made their

own lighthouses and we would like to thank all the people who ate pringles for us to have enough tubes!

On Monday afternoons the children have been doing crafts. Thank you to all the people who have been coming in to help us learn knitting, crochet, lace and sewing. The children are really enjoying learning new skills.

Rev Julia has been working with us in RME to learn about the Christian ceremonies of baptism, marriage and funerals.

Nursery Learning

The Nursery children have been working with the story of the 3 little pigs. The children made each of the houses, and we talked about how good each material was. The children have enjoyed retelling the story and even making their own books!

In role play the children have been looking after babies, making sure they are bathed and fed.

