

Shapinsay Development Trust News

Cast Affs is progressing rapidly, and by the time this goes to print, the portacabin should be installed. This issue of the sound contains an advert for a person to run the Charity shop for 8 hours per week, due the need to do work on the inside of the cabin and the time to recruit, it is likely that it will be a June opening. Additionally, volunteers will be needed to assist with its weekly operations, so please reach out if you're interested in helping out. If your group is keen to raise funds and wants to do the volunteering for funds to go directly to your group, please get in touch. We will begin collecting goods to sell in Cast Affs very soon, so gather your unwanted goods and we will announce on Facebook when we are ready.

We're working with the Orkney Islands Council Community Learning and Development Team to explore additional training opportunities for island residents, building on the success of our staff winter training program. Our aim is to broaden the scope of training available to our community. If you're interested in any of the proposed training sessions named on the poster overleaf, or have suggestions for other topics that could be covered in a one-day format, we welcome your input. Please don't hesitate to reach out to us.

Rulinvoe continues to progress, although a little slower than originally planned due to discovering that there was no insulation under the floor, meaning that a decision was made to dig up the floor to ensure that the house was fully insulated, as the floor had to come up anyway, it was decided to put under floor heating in to increase the efficiency of the heating, which instead of air to air, will now be air to water, heating the floor slab rather than having blowers on the walls.

SWAPS - We've had a flying start to our SWAPs for the financial year 24/25 with 8 applications in the first month:

- K Moncrieff: £99 training course
- R Bird: £99 training course

- G Summerfield: £300 driving lessons.

- E Chaney - £45.60

Mellor: Judo/Swimming - £137.52

Shapinsay Primary: Active Shapinsay Week instructors-£102.98

A Kirkpatrick: Climbing competitions/training - £318.52

J Hall: Swimming lessons 34.80

Elwick bay boat update – Progress has been slow on this project. Regrettably, our initial contractor faced operational constraints, leading to an extended period of inactivity on the Elwick Bay project during the harsh winter months. Despite exploring alternative avenues, the received price quotes rendered the planned upgrades financially unfeasible. As a result, we have decided to proceed with minor upgrades at this time, pursue the necessary coding for the boat, and start the service as soon as possible.

Smithy Update – As we approach the one-year mark since opening the Smithy, we extend our heartfelt gratitude to everyone for their continued support. Our inaugural year has been marked by a journey of discovery, with trials, errors, and a dedicated effort toward staff development through hospitality training and mixology sessions during the winter months. While our first year wasn't without its challenges, we've gained valuable insights that will better equip us for the road ahead in our second year. Although we have yet to venture into offering evening meals, primarily due to staffing constraints in the kitchen, we remain committed to providing a consistent service, especially during the busy summer months, therefore do not have staff capacity to delivery both café and evening meals as yet. During the winter months, our dedication to serving islanders was our priority. We prioritised our island residents by perfecting our takeaway offerings and hosting special events such as Mother's Day high teas, Sunday roasts, Christmas meals, winter warmers, and providing a gift voucher for each islander. These initiatives were aimed at ensuring that the Smithy

remained accessible to everyone, reflecting our commitment to serving the local community.

Throughout the upcoming summer season, we remain committed to serving islanders by offering a 15% discount to ensure affordability for locals. Simultaneously, we will prioritise our opening for visitors by extending our opening hours to 7 days a week where feasible. Additionally, we hope to keep enough selection on our menu to entice visitors to return and sample more of our offerings, hopefully putting Shapinsay back on the map as a destination for visitors for 2024.

15% Islander discount – In response to rising costs, we've adjusted our pricing for the upcoming year. However, we remain committed to providing our island residents with accessible pricing at the café. Therefore, we've implemented a 15% discount for all residents of the island. To take advantage of this discount, islanders will need to present proof of residence to Smithy staff to receive a discount card to keep. This card must be presented at the time of ordering to ensure the correct pricing is applied at the till. The discount only applies to lunch menu in the café, it does not apply to drinks, takeaways or any specials.

Community Café – Alison and Lisa-Marie continue to operate a community café monthly. This is an opportunity for a social community experience where we gather together in a community space with a hot drink and some cake or biscuits. It's an opportunity to catch up with us, your wellbeing coordinator and development officer, to chat over any issues you may need help with, or just to socialise. Due to annual leave, our next café will be in June.

PK OSTEOPATHY  

**A WEE TALK:
INTRODUCTION TO
MENOPAUSE & BEYOND**

Saturday, 11th May 2024
10:45 - 13:00
Shapinsay Community Centre Clubrooms

To book, contact Alison:
wellbeing@shapinsay.org.uk
07867 622814


PETRA KAMARYTOVA

DRINKS AND NIBBLES PROVIDED

  

Training opportunities for Shapinsay.

There could be an opportunity for OIC CLD team to deliver some of the following training for free on Shapinsay.

First Aid **Digital skills** **Food hygiene Level 2**
Excel basics **Book keeping**

If you would be interested in any of the above courses, please contact boathouse@shapinsay.org.uk or call 711733
(These will only happen if there is enough interest)

Play Piece

May 5, 3-5 pm
Community Centre

Join us for crafts and activities

Healthy snacks included. All ages are welcome. Children under 12 must be accompanied by a parent/guardian over 16. If the weather permits we'll fly some kites, so dress appropriately and pack your kite if you have one :)

Questions?
wellbeing@shapinsay.org.uk
07867 622814



Community Wellbeing



Remembering Together

Remembering Together project has been allocated a space at the Shapinsay Kirk. A big step forward but still open to ideas and thoughts on how the space will evolve. Megumi and Louise will be visiting Shapinsay to host a brainstorming session. Everyone is welcome to drop in and provide input on the next stage of the project.

We're excited for the next phase of the project.

Wednesday, May 8, 1-3 pm, Clubrooms

Thoughts or questions? Please contact
louisebarrington.art@gmail.com
or megumibarrington@gmail.com

Shapinsay Men's Group

In partnership with SDT, we applied for a Wellbeing Grant to start funding projects and interest-based activities that would help us progress our vision forward. We managed to secure the funding so will be going on a research day trip (once the weather is a bit warmer) to Westray to see how they've set up their shed space, maybe visit their community garden and hopefully a visit to Noltland Castle. There is also funding for interest-based activities.

Read our most recent newsletter here where we discuss our vision and values and types of projects we're discussing, and collaborations we're exploring to help progress our vision forward: shapinsaymensgroup.substack.com

Upcoming meetings, Clubrooms

May 2, 7-9 pm
May 9, 3-5 pm (VAO is hosting a SCIO workshop, here's hoping. We love you VAO ;))
May 16, 7-9 pm
May 23, 3-5 pm

Community Larder

We'll refill the community larder at the pier every two weeks, starting May 6. This is made possible by donations from folks in the Shapinsay community. We'll have non-perishable food and hygiene items, and we're open to suggestions for what else to stock. Let us know what you need! We're also looking to team up with supermarkets, shops or other places with surplus food close to expiry but still good to use. Did you know nut and oat milk can be fine for up to 6 months after their best before date?

"The smallest act of kindness is worth more than the grandest intention." - Oscar Wilde

Wellbeing Walks

Alison completed her training as a walk leader and will begin leading weekly walks. There's a chance for others to become walk leaders too, through Paths for All, linked with the Scottish Health Walk Network. They encourage walking for both mental and physical health. Social connection is a big boost to wellbeing. Having supportive connections is the top predictor of happiness. We'll start with an easy 30-minute walk near the village, ensuring access to bathrooms and rest spots.

Open Walk Leader Course on 24th May.

If you'd like to join the walking group please send Alison an email and she'll provide meetup details.

If you have thoughts or questions about anything discussed here or your own ideas? Email (Alison) wellbeingshapinsay.org.uk

SHAPINSAY HORTICULTURAL ASSOCIATION NEWS

There was another excellent turnout for our most recent event on 10th April, which explored the subject of 'Propagation: New Plants for Free'. We looked at some simple techniques to increase stocks of plants, including division, cuttings, saving your own seed and potting up seedlings from plants that self-seed, with several of these techniques being demonstrated and the results added to the raffle prizes. Many thanks as always to everyone who helped on the night and particularly the home-bake providers!

We also launched our 2024 'Tattie in a Bucket' competition, which will be judged at one of our social events in the autumn, with various tattie themed prizes being awarded, including for children under secondary school age. There was a big demand for both the seed tatties and the buckets to grow them in. The few remaining seed tatties have been placed in the shop for anyone who has missed out so far and would like to enter. Please contact Karen Evans (07810 262785) if you have any questions about this.

We also held a special meeting on 27th March to examine whether there was sufficient interest and support to hold an annual show this year and if so, what form this might take. We examined in detail all of the tasks required to run the type of show

We held last year, with a particular focus on the number of people required at key points, which reaches a peak particularly on the day of the show when a certain number of people are required to support the judging of each class at the same time. Unfortunately, it was very clear that we had less than half of the support required and it would therefore be impossible to hold a show this year on similar lines to last year.

However, attendees felt that we should hold a show of some sort if possible, tailored to fit with the support we did have. As we are a horticultural association, it was decided that we would hold a purely horticultural show, with classes for window and greenhouse plants; cut flowers and fruit and vegetables. We also decided to have special classes for children, also based on a horticultural theme. The show is to be held on **Saturday 17th August** in the school hall with refreshments in the clubrooms. A full schedule for competitors and further information will be available shortly.



- 24/04/2024** - Please present a bin/container with glass in one and plastic bottles in the other
- 01/05/2024** - Black/grey bins, no recycling
- 08/05/2024** - Please present paper/thin card in one and metal cans, foil, and aerosols in the other
- 15/05/2024** - Black/grey bins, no recycling
- 22/05/2024** - Please present a bin/container with glass in one and plastic bottles in the other
- 29/05/2024** - Black/grey bins, no recycling
- 05/06/2024** - Please present paper/thin card in one and metal cans, foil, and aerosols in the other
- 12/06/2024** - Black/grey bins, no recycling
- 19/06/2024** - Please present a bin/container with glass in one and plastic bottles in the other
- 26/06/2024** - Black/grey bins, no recycling



The Shapinsay Parent Council

are running a Clothes Swap to raise funds for the School.

How a Clothes Swap works:

1. Choose 5 items of Clothes you would like to Swap
2. Contact Gemma to register, arrange drop off for your items and your £10 fee (*this enables you to choose 5 new items*)
3. Turn up on Saturday 25th May between 12pm & 3:30pm and choose 5 new items of clothing (works out at £2 per item), and maybe have some lunch and purchase a raffle ticket.

You don't have to take part in the Swap if you don't have anything to donate, come along for a bite to eat or a cuppa and support us we'd love to see you, there will also be a raffle. There will be a kids clothes table with items starting from £1, for anyone to purchase from. Once all registered people have had a chance to choose their 5 items, any of the other clothes will be available for sale so you can come along and grab yourself a bargain.



Shapinsay Kirk

Dear Friends,

It's been a while since I last wrote anything here but felt the need to do so now as there's a lot going on in the Kirk in May!

On the 5th May I'll be out to take the service at 12 noon, and we will celebrate the sacrament of communion and then a shared (potluck) lunch will follow.

The following Sunday the 12th May the service will begin at 3 pm and it will again be taken by me. It will be a Christian Aid Week service and there will be a retiring collection for Christian Aid. The reason for a late service is that on that Sunday we will be voting on the Basis of Union and Team Ministry according to which all 19 Church of Scotland congregations across Orkney will become one parish – with 19 worshipping communities and served by 7 full time equivalent ministers of Word and Sacrament. The document of the basis was made available for all members whose email we have to access online. It is also available for those who won't access it that way in church – there are some copies for consultation available at the back of the church. Please take this chance to learn its content. If you have any questions, please don't hesitate to ask me. To vote, you need to be either a member or an adherent of the church and you need to be able to be present in person. After the 3 pm Christian Aid Week service we will then hold a congregational meeting with the purpose of voting on the Basis of Union and Team Ministry. If you would like to know more, don't hesitate to get in touch with me.

On the 19th of May at 12 noon Rev Roy Cordukes will take the service.

26th May we welcome the Peedie Kirk for a joint service. They will be coming on the 9.45 am boat so we will start with a cuppa at the kirk upon their arrival, have the service at 11 am, followed by lunch.

Everyone is welcome to come along to any of the above or get in touch with me if you have any questions or comments. Hope you have a productive and joyful May!

Rev Julia Meason (JMeason@churchofscotland.org.uk, 874789/711275)

Celebrating 20 years!

Mervyn Rendall can certainly be described as a “Weel kent face” on Shapinsay. He's often the first person newcomers encounter when they arrive on the island! For the past two decades, he's been driving the trusty (or not) red vans around the island, always ready to lend a hand wherever needed.

Mervyn is known for his friendly demeanour and enjoys a yarn with anyone he meets during his rounds. If he's not behind the wheel of his van, you can often find him in McAdie and Reeves' lorries or vans, one way or another, ensuring that everyone receives their parcels and goods, come rain, wind or shine!

Mervyn was presented with a long service recognition from the Post office by Charlie Alway in April – Pictured below.

Obviously his favourite day of the month is when the Shapinsay sound comes out and he gets to visit over 100 households on Shapinsay in one day!

Thank you Mervyn for your service with a smile over the last 20 years!



Shapinsay Picnic

Shapinsay Island Picnic is on Saturday
29th June.

A meeting of the Picnic committee is being held on the 7th of May in clubrooms if anyone would be interested in joining the committee please get in touch with Emma Clements.



The infographic features a central circle labeled 'General Fund' with 'Grant Funding' written inside it. This central circle is connected to four surrounding circles: 'Apply before event/project starts', 'Individuals & constituted community organisations eligible', 'Project/event should benefit the local community', and 'Community Council Grant Scheme'. Below the central circle, the text 'Community Development Fund' and 'Seed Corn' is listed. The background is split into blue and grey sections.

SHAPINSAY COMMUNITY COUNCIL

In previous years we have contributed funding for:

- Travel grants
- Event insurance
- School trips
- Community books
- Equipment
- Picnic benches
- Bag the Bruck
- Christmas events
- Food, health & hygiene courses

Applications Open for 2024-25

Further information & application forms available from:
Democratic Services, Orkney Islands Council, School Place, Kirkwall, KW15 1NY
shapinsayclerk@gmail.com or communitycouncils@orkney.gov.uk

Have your say on islands transport connectivity



Join Transport Scotland's in-person engagement sessions on improvements to Community voice, Accessibility and Integration of transport services hosted at the **Pickaquooy Centre, Kirkwall** on **Thursday 2 May**.

Drop-in session

Time: 17:00 – 18:00
Duration: 1 hour

Structured workshop

Time: 18:00 - 19:30
Duration: 1.5 hours

Find out more and register now or just turn up for the start time!



transport.gov.scot/ICP/Engagement





| Job Description | | | |
|-----------------|--|---------------|-----------------|
| Job Title | Charity shop coordinator | Salary | £12/hr |
| Hours of work: | 8 hours per week (Wed/Sat or to be arranged to suit) | Term: | No fixed term |
| Location | Cast Affs, Shapinsay | Reporting to: | Lisa-Marie Muir |

Job Summary

We are seeking a dedicated and enthusiastic individual to join our team as a Charity Shop Coordinator. The successful candidate will play a key role in supporting our charity's mission by assisting with the day-to-day operations of the shop, including customer service, stock management, and general upkeep.

Roles and responsibilities

Responsibilities:

- Provide excellent customer service to all shop visitors, including greeting customers, answering enquiries, and assisting with purchases.
- Coordinate volunteers
- Maintain a tidy & organized shop floor, arranging merchandise, restocking shelves, and ensuring displays are visually appealing, often working while shop is closed.
- Process donations, including sorting, pricing, and preparing items for sale.
- Manage the day-to-day operations of the shop, including opening and closing procedures, cash handling and record keeping.
- Operate the till and handle cash transactions accurately, including processing payments and issuing receipts.
- Work collaboratively with other team members to contribute to the overall success of the shop.
- Adhere to health and safety guidelines at all times, including proper handling and disposal of items.
- Participate in training sessions and team meetings as required.
- Promotion of the shop and its activities through social media, community events, and other channels to raise awareness of the shop within the community.
- Oversee the processing and pricing of donated goods, ensuring quality standards are met and inventory levels are maintained.

Personal Specification

| Essential | Desirable |
|--|---|
| Pleasant, friendly and approachable | Previous retail experience |
| Able to work unsupervised | Experience delivering a high standard of customer service |
| Excellent customer service skills with a friendly and approachable manner. | |
| Polite | |
| Able to work well as part of a team | |
| Able to work well under pressure | |
| Basic numeracy skills for cash handling and till operation. | Experience of handling cash and record keeping |
| Be reliable and trustworthy with a positive attitude | |
| Be well presented & tidy at all times | |

- To apply for the Charity Shop Worker position, please submit your CV and a cover letter outlining your suitability for the role to Boathouse@shapinsay.org.uk. Deadline for applications is 17th May. Shortlisted candidates will be contacted for an interview.

Shapinsay School May2024

Staff News

At Easter, Leo retired from the school. We are sorry to see him go and wish him all the best for his retirement. We are fairly sure he won't miss all the mess we make! Faye Diamond has been appointed as the new cleaner for the school and we welcome her to the team.

We are also pleased to welcome Claire Cruddas as the new Early Years Practitioner, and look forward to working with her.

Nursery

We have been settling back into nursery after the holidays. A hairdressing salon has been created with the children's help and lots of the children and staff have enjoyed having their hair done! All sorts of styles and colours are possible!

With the weather improving its great to get to spend more time outside. It is hoped that we can do some planting and growing in the coming weeks and learn about spring and all that it brings.

Learning about the Oceans

The primary children have been learning about the oceans. So far, we have located the 5 oceans and researched them on the internet. We also learned about the 5 layers of the ocean, and what lives in each layer. Children had a choice of how to present their learning and we had some very creative ideas. They included PowerPoints, stories, models and posters. The P1 – 4 children have then gone on to learn about plastic pollution in the oceans, and we are thinking about what we can do to solve this problem.

Active Shapinsay Week

We have been very busy with our Active Shapinsay Week. At the time of writing, we have taken part in Bag the Bruck, the older primary children led some games, Toby led a basketball club, Badminton was offered to the community, we've

walked or run a mile, had athletics club run by



Active Schools and have much more planned for the week. Thanks

to all the helpers that have helped run something over the week, and thanks to Mrs Bews and the Sports Committee for organising this year's Active Shapinsay Week.



SHAPINSAY COMMUNITY ASSOCIATION

**ARE HOLDING A TABLETOP SALE
ON SUNDAY 19TH MAY
2-4PM**

**To book a table contact Marie
marie.lingarra@googlemail.com**

There will be a raffle



and refreshments

