



The newsletter for the island of Shapinsay produced by the Shapinsay Development Trust.
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Shapinsay Development Trust News

After the rush of the festivities, it's been nice to have a quiet January, it's a good time to slow down and catch up with ourselves a bit. With the Smithy closed for much of the month, it's been time to make some small modifications to help with storage and making efficient use of the space, to do some staff training and to save up some energy for when the busy season starts again. Thank you to everyone for all of your support last year and we look forward to seeing you all in 2024.

Other than the Smithy, there are a few projects still moving forward in the background. The tender was chosen for Rullinvoe, meaning that as soon as planning permission comes through and the title deeds are signed over, we are ready to begin work. It's important to have a family in there ASAP, so we are working as quickly as we can to make that happen.

Balfour Cottages – there is currently no update on that, we have to wait to hear back from planning.

Our big site at Spyran – or I'm told it has an official spelling of Spion, has taken a back seat to Rullinvoe and Balfour Cottage, but we still keep it in the back burner

We have applied for grants for the purchase of a portacabin so we can resurrect Cast Affs, if all goes well, we hope to have a charity shop in place by

May or June this year! If you want to start gathering your boxes now, it would be great to have lots of stock to have it filled up and ready to go! If you would be interested in volunteering, please speak with Alison wellbeing@shapinsay.org.uk

As you will know Alison, our new wellbeing coordinator, is working with men on the island to create a men's meeting space with a view to setting up a men's shed, see posters later in the newsletter for details of the next meeting times if you would like to get involved.

Alison also has access to a small fund to help with people who are struggling to heat their homes, if you are struggling and would like some help, please contact her.

THAW will be over in Shapinsay on Wednesday the 7th of February, if anyone would like advice on heating or insulating their homes, please pop along. See poster for details.

There have been some changes at the Boathouse, Nadia has moved onto pastures new, we would like to wish her all the best in her new job! Carol Moncrieff was appointed the role of Admin assistant on the 22nd of January, I'm sure you will all join us in welcoming her to the team, she will be a familiar face to most of you, having worked in the local shop for over 12 years.

Shapinsay School February 2024

Nursery - Well done to Alison Meason who has been appointed as our Lead Early Years Practitioner. The children have been playing in a hospital role play area. They had fun playing in the snow and exploring snow and ice both indoors and outdoors.

P1 – 4 - The P1 – 4's topic for this term is Vikings. So far, the children have found out about where the Vikings fit in with other historical periods and events, where they came from and where they went. They researched Viking places in Orkney and have started looking at some of the stories in the Orkneyinga Saga. Jason has been helping us create replica Viking things like jewellery, pretend weapons, money and even a Hnefatafl board so we can play Viking games. Next, we will be looking at Viking everyday life and longships. In French the children are learning about transport, and in Spanish they are revising things already learned previously. In PE the children are doing gymnastics and climbing.

P5-7 - In science this term, the P5-7 children are learning about the Solar System. They have made a toilet paper model of the distances between the planets and the Sun, using a scale of one sheet of paper represents one astronomical unit. In French lessons, they've been revising number vocabulary. They then used this knowledge to understand the French words for the planets' distances and diameters in kilometres. Next they used this information to create and use an Excel spreadsheet. In Health and Wellbeing, they are currently learning about the different learning and training paths they could take when they are older.

Cinderella & Rockerfella

On Wednesday 13th March we would like to invite everyone to come and see our pantomime. We are now well into rehearsals, and busy learning lines and songs. We think it will be very entertaining, so please do come along to our afternoon or evening performance (or both!). More details in the next Shapinsay Sound!

Rights Respecting Schools Award

We have achieved the Bronze Award for Rights Respecting Schools and are now working towards our Silver Award. As part of this we want to make sure that people in the community are aware of what we are doing. The United Nations Convention on the Rights of the Child has 54 articles that cover all aspects of a child's life and set out the civil, political, economic, social and cultural rights that all children everywhere are entitled to. It also explains how adults and governments must work together to make sure all children can enjoy all their rights. Pupil Council are leading the school in this work, and have been creating displays as well as leading some assemblies. You can see one of the displays in the community corridor of the Community Centre.

Sports Scotland Gold Award

We are delighted that the school has again achieved the Sports Scotland Gold Award. The Sports Committee and Leanne Bews worked really hard to achieve this, so thank you to them. Thanks also to CJ who helped us. They applied for funding from the Scottish Sea Farms' Heart of the Community Fund and the Shapinsay Development Trust and created the Community Sports Box. Last year they hosted the first Active Shapinsay Week with lots going on for all – please look out for more information on the



2024 Active Shapinsay week. Teachers undertook training and we had some lunchtime clubs. We want to continue to develop sport in Shapinsay, so please get in touch if you have any ideas!

Community Council News

Vacancy for a Clerk

Could you support Shapinsay Community Council in the role of clerk? This **part-time, paid position** is currently vacant. For further information and an informal discussion, please contact Jenny McGrath or Jackie Montgomery at Democratic Services on 01856 873535 extension 2264 or 2237.

New Financial Request Form

If you would like to request financial assistance from the Community Council, e.g. travel grants, support with community events etc. please note there is a new form to fill in. **All financial requests should now be made via the new form.** Please email to request a copy:

communitycouncils@orkney.gov.uk

Grass Cutting Tender

Tenders are invited for grass cutting at Shapinsay Kirkyard, Burroughston Broch and the amenity areas. Please **contact Democratic Services to request a copy of the tender documents**: 01856 873535 ext 2264 or communitycouncils@orkney.gov.uk

20mph Speed Limit

Signs are being installed near the school prior to the introduction of a 20 mile per hour speed limit. Please **look out for further information about this, and reduce your speed** for the safety of our community.

Correspondence Deadline

If there is anything you would like us to discuss at our next meeting, including travel grant requests, please **submit correspondence BEFORE 5pm, Monday 5th February** via

shapinsayclerk@gmail.com

Next Meeting

Our next meeting will be held on **Thursday 15th February, 6:45pm (Clubrooms)**.

Members

Leanne Bews (Chair & Health Rep), Esther Chaney, Colin Leslie (Vice-Chair & Planning Rep), Val More (SDT Rep), Darren Muir (Transport Rep), Jean Noble and Eileen Philips.

Shapinsay Emergency Responders

For those of you that don't know us, we are a small team of Emergency Responders who are all trained in emergency first aid to support the Nurse responder in emergencies and to drive the ambulance.

In January we, along with Senior managers and Paramedics from Scottish Ambulance Service from Kirkwall and Shetland said a fond farewell and thankyou to the stalwart of the group, Fiona Summerfield.



Fiona devoted 32yrs of her time to SAS, initially volunteering an ambulance driver, then as the only responder on the island, supporting various nurses and doctors over the years. Over the years she helped champion the cause to get a team of paid responders for the island.

Although there have been many changes in the team over the years, Fiona remained a steadfast, important member of the team, creating continuity and support for those who joined with and after her. She then worked her way up to Coordinator, leading the team with a wealth of knowledge and a reputation of never taking no for an answer.

Fiona has helped and moulded great team members and is recognised and admired throughout the other Island Responders. We truly wish Fiona a magical 2024 of adventures, family and memories, Thank you again Fiona, from all the team and all on Shapinsay.



THAW Orkney

*THAW Orkney: a free, independent
and confidential local charity*

**Wednesday, February 7, 2024
2-3pm, Music Room**

Our outreach officer Jonathan Ford will be available for a chat

How We Can Help

- Energy efficiency advice, including assistance with home energy efficiency grant applications.
- Advice and support for electricity bills, tariff switching and energy debts.
- Help to set up your heating system and use it efficiently.
- Cosy Home Packs (energy efficiency and thermal items).
- Income maximisation and budget support.

If you'd like assistance from us at any other time, either in our Kirkwall office
or in your own home, then please contact THAW Orkney on:

01856 878388 or by email at: info@thaworkney.co.uk

Shapinsay Lifeboat Guild

50th

Anniversary Dinner Dance

Saturday 3rd February

Doors open 7pm.

Haggis piped in at 7.30

Burns Supper

Followed by Mike Cooper

telling us about the lifeboat

From 9pm till midnight Dance to

KIRKJUVAGR Ceildih Band

Adults £10

16 & under £5

(tickets on sale till January 25th)

Entry to the Dance only (after 9pm) £5.00

GF and Vegan tickets available

All proceeds will go to the RNLI



07/02/2024 - Black/grey bins

14/02/2024 - paper/thin card & metal cans

21/02/2024 - Black/grey bins

28/02/2024 - glass in one and plastic bottles

06/03/2024 - Black/grey bins

13/03/2024 - paper/thin card & metal cans

20/03/2024 - Black/grey bins

Mobile Library

Next visit to Shapinsay:

Thursday 8th of February

Shapinsay	
School	10.15 - 11
North School	11.15 - 12.15
Astley	12.30 - 12.45
Helliar	1.30 - 2.15
Balfour Village	2.30 - 3.15

If you would like to help us reduce our carbon footprint by joining our online mailing list for newsletters instead of receiving a physical copy, please email boathouse@shapinsay.org.uk.



Play Piece

GAMES CRAFTS COMMUNITY

Healthy Snacks

Free to attend

February 25, 3-5 pm
Community Centre

All ages welcome
Children under 12 must
be accompanied by
parent/guardian over 16

Questions? email/text
wellbeing@shapinsay.org.uk
07867 622814

What's on in February?

Darn Good Yarn – bring your knitting/crochet projects to the Heritage centre 3-5pm on Saturdays 10th and 24th of February

Shapinsay Art Group – Music room
10am Mondays

Active Movers 10am in the Clubrooms

Music Group – Thursdays Community Centre Music room 8pm

Clubbercise – Community Hall Tuesday
6th and 20th 7pm

Orkney Native Wildlife project - 20th
7.30pm Clubrooms



Wednesday Winter Warmers

On the following Wednesdays we will be opening up with an affordable set menu for £5 per person (£10 for non-residents) to provide somewhere warm and cosy for residents to meet up and keep warm during the winter months. The menu will be a hot meal, a hot drink and a piece of cake or pudding

Wednesday 14th of February

Wednesday the 28th of February

To find out what's on offer each week, check out our Facebook page!



If you or someone you know could use some support to keep their home warm or stock up on some food essentials, please contact our wellbeing coordinator, Alison McDougall via email wellbeing@shapinsay.org.uk or text/phone 07867 622814. We will do our best to find the right support for those in need.

**Join our Shapinsay men's group and
be part of a supportive community!**



**Connect with like-minded people,
share experiences, and feel supported.**

**Thursday, Feb 1, 3-5 pm
Clubrooms**

Shapinsay Lunch Club

Over 50s welcome

In the community centre clubrooms

Wednesday 7th February

Wednesday 21st February







The Smithy
-CAFE RESTAURANT-

SUNDAY BRUNCH

Drop in for Brunch on Sunday
the 4th of February
11-3pm

No need to book, but if you'd
prefer to book a table contact:
☎ 01856711243
✉ smithy@shapinsay.org.uk



Brunch



Served From 11-3

Hot Filled rolls

Single Filling	£3.95
Two fillings	£5.25

Choose from: Fried egg, bacon, pork sausage, vegan sausage, mushrooms or fried tomato

Fried breakfasts

Smithy Breakfast	£9.95
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Egg (scrambled or fried), bacon, sausages, black pudding, mushroom, fried tomato and beans served with toast.

Smithy Vegetarian Breakfast	£8.95
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Vegan sausage, Vegan black pudding, fried tomato, mushrooms and beans served with toast.

Please ask your server about our allergy friendly version of this menu and inform them of any allergies or dietary requirements

All breakfasts are cooked to order, so please be patient

The Smithy