

### The Shapinsay Sound

**February** 

2023

The newsletter for the island of Shapinsay produced by the Shapinsay Development Trust. Registered Charity Number SC034818; Registered Company Number SC255127.

#### A note from the CDO

I can hardly believe we are already making up the February edition of the Shapinsay Sound, but here it is! As we go to print, work is well under way in the Smithy. As with any project in an old building, every day unearths a fun new issue or hitherto unseen complication, which adds to the fun, but we are still on course to be open for the 2023 tourist season! Once again if you have an interest in a job in the Smithy from management/chef down to waiting tables, please get in touch. We will be creating the formal job adverts very soon, possibly before the Shapinsay Sound goes out for March, so please watch the website and Facebook page for details or get in touch before then if you are keen! I will have more updates in the coming week and hopefully when there's more space in the Newsletter I can share some progress photos!

You will see in this edition that the activities for the warm hub (not warm hub!) are well under way, we'd like to thank Esther for all her hard work as well as Chris and Ella for all theirs in getting things up and running with very little notice, the clubrooms are a hive of activity! The funding runs out in March, so if anyone would like to see any of these activities continue, please consider becoming a keyholder! We are continuing to look into funding to continue children's activities, but we may have to rely on volunteers for the time-being!

#### A note from the warm hub ladies

Thank you to everyone that has come along to one or more of our Winter Weekday and Winter Weekend events throughout January. Some events were more popular than others so we have made some changes to our programme of events for February.

It has been good to chat with you, find out what you enjoy and would like to see happening across the community. We had 25 people of different ages complete our survey. We have 6 week left so we are

concentrating on the types of activities people are most interested; arts & crafts, book club, carpet bowls, coffee afternoons, dance, exercise classes, films, board games/card games, hot food, attending a concert and badminton. We have managed to include almost all of these activities, plus a whole lot more, in our planning for February.

We are also collaborating with other groups on the island to jointly organise events. For example, the First Responders and June will be providing CPR training at one of our coffee afternoons and the Music Group will be playing live for anyone that wants to listen one Thursday evening. Jean has offered to run bobbin lace workshops (booking essential as there are limited spaces at each workshop). If you would like to suggest a film for the Monday Afternoon or Sunday Family Film screenings in the Kirk just speak to Esther or Julia. We are organising a treasure hunt for Valentine's Day please come and help us decorate the stones on 7th February and then search for them on 14th February there will be prizes at the Clubrooms! Do take a look at all our posters to find out when and where each event is happening and keep an eye out for further information throughout the month.

As in previous months, everyone is welcome to the Winter Weekday and Winter Weekend events - join in or just come along for the refreshments, to charge up your devices, refill a flask with hot water or use the gym showers (bring your own towel). There is still time to sign up for our weekly email reminders (eepurl.com/ieEBcL) and you will also hear events advertised on Radio Orkney. We hope to see you soon!

Look at the back page for some examples of things we've created - Esther, Chris & Ella

What's on in February – you might want to mark them on your calendar to keep track – it's a busy one!







#### **Bookbug Sessions**

Free story, song and rhyme sessions for babies, toddlers, pre-school children and their families

Wednesday 1st February
1pm (Music Room)

Wednesday 1st March
1pm (Music Room)

Refreshments available at Piece Place Soup & sandwiches 12:30pm Homebaking till 4pm

Everyone is welcome!

To find details of your nearest Bookbug Session, download our free app or visit scottishbooktrust.com/bookbug CURLING & CARDS

Clubrooms, 2pm

Thursday 2nd February &
Tuesday 14th March

All Welcome Refreshments Provided

**Transport Available** 

Please book the Island Car by I I am cars@shapinsay.org.uk or call/text 07798570439









#### DARN GOOD YARN

Saturday 4th & 18th February

2-4pm, Clubrooms

Bring along your own knitting, crochet, sewing or other needlecraft project.

Ask for help and offer to help others. Stitch a yarn and have a yarn.

Materials provided for those wishing to learn something new.

Aimed at Youth & Adults (12-17 year olds to be accompanied by an adult)







Island Car Available

Book by Friday afternoon please
via cars@shapinsay.org.uk or call/text 07798570439



Shapinsay's 😉 Winter Weekdays

#### Thursdays 9th, 16th & 23rd February 2023

Kids Team Sports 3pm - 4:15pm (Hall)

Youth & Adult Team Sports 7-8:30pm (Hall)



All unders 18s must be accompanied by a responsible adult who will remain with them throughout the sports session.

Remember you can book the island car to bring you down and/or take you home!

Book by 12 noon via cars@shapinsay.org.uk or 07798570439



For further information please email events@shapinsay.org.uk or call 01856 711 733

Shapinsay's Winter Weekdays

Play Piece - Bouncy Castle & Pizza

Friday 10th February 2-4pm, Clubrooms & Hall

A special holiday event for preschool and primary aged children (accompanied by a responsible adult who will remain with them)

Remember you can book the island car to bring you down and/or take you home! Book by 12 noon via <a href="mailto:cars@shapinsay.org.uk">cars@shapinsay.org.uk</a> or 07798570439

For further information please email events@shapinsay.org.uk or call 01856 711 733



#### Tuesday 7th February

#### Coffee & Cake served in the Clubrooms (2-4pm & 7-9pm)

All welcome, for as long or short as you would like to stay

#### **Book Swap**

bring any books you no longer want and/or borrow books you would like to take home

#### **Decorate Stones**

for the Valentine's Day Treasure Hunt

Origami Workshop

Remember you can book the island car to bring you down and/or take you home!

Book via <a href="mailto:cars@shapinsay.org.uk">cars@shapinsay.org.uk</a> or 07798570439









## Winter Weekdays Monday Evenings, 7-9pm

Darts & Pool

Badminton, Table Tennis & Pool

6th & 20th February Clubrooms

13th & 27th February Clubrooms & Hall

All adults & youth welcome, you do not need to have played these games before! Hot and cold drinks provided for players and spectators. 12-17 year olds to be accompanied by an adult please.

Remember you can book the island car to take you to the Clubrooms and/or home again for all of these activities. Please book by 4pm via cars@shapinsay.org.uk or 07798570439

> For further information please email events@shapinsay.org.uk or call 01856 711 733

## BOBBIN LACE WORKSHOPS

All materials provided & no prior experience necessary

Tuesday 7th February

2pm (Music Room)

Sunday 26th February

2pm (Music Room)

Places are limited so please book in advance

email events@shapinsay.org.uk or phone 01856 711 733

Island Car Available

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Book via cars@shapinsay.org.uk or call/text 07798570439

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#### SUNDAY COFFEE AFTERNOONS

2-4:30pm, Clubrooms

Sunday 12th February
Book Swap, Lego Club & CPR Training for All

Sunday 26th February

Book Swap, Lego Club & Card Making Workshop



Everyone welcome

Join the activities or just come for the refreshments

Donations to Island Wellbeing Fund

#### Island Car Available

Book by Friday afternoon please via cars@shapinsay.org.uk or call/text 07798570439







## Monday Afternoon Films

13th February & 13th March 2023



Popcorn, hot & cold drinks provided



Let us know if you have a film suggestion and we will check if it can be shown on this licence

Transport available (book the Island Car by 12 noon)

For further information please email events@shapinsay.org.uk or call 01856 711 733



## Tuesday 14th February

Hot Lunch Served in the Clubrooms from 12-1:30pm

Board Games, Lego Club & Storytelling Workshop from 2pm

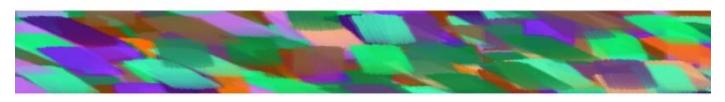
Prizes for completed Valentine's Treasure Hunt Sheets

Remember you can book the island car to bring you down and/or take you home! Book via <a href="mailto:cars@shapinsay.org.uk">cars@shapinsay.org.uk</a> or 07798570439

All ages welcome, for as long or short as you would like to stay



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#### ACRYLIC PAINTING WORKSHOPS

Monday 20th February

2-4pm & 7-9pm

(MUSIC ROOM)

Aimed at Youth & Adults (12-17 year olds to be accompanied by an adult)

All materials provided & no prior experience necessary

Come to one or both workshops

Shapinsay's Winter Weekdays

Island Car Available

Book by 12 noon via cars@shapinsay.org.uk or call/text 07798570439





# Family Friendly Film

Sundays 19th February & 12th March 2023



#### 3:30pm in The Kirk

#### Popcorn, hot & cold drinks provided

These film screenings are open to all ages, but will be specially selected to be suitable for children (U certificate)

Email us if you have a film suggestion and we will check if it can be shown on this licence

Unders 18s must be accompanied by a responsible adult who will remain with them throughout the film

Transport available (book the Island Car by Friday afternoon)

For further information please email events@shapinsay.org.uk or call 01856 711 733

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**February** 



#### FELTING WORKSHOPS (MUSIC ROOM)

Aimed at Youth & Adults (12-17 year olds to be accompanied by an adult) All materials provided & no prior experience necessary

Needlefelt Pictures Monday 13th February 2023 7-9pm

Needlefelt Beads Monday 27th February 2023 2-4pm

Island Car Available

Book by 12 noon via cars@shapinsay.org.uk or call/text 07798570







PANCAKES &

SKITTLES Clubrooms

Tuesday 21st February 2-4pm & 7-9pm

All ages welcome

Join us for the launch of Shapinsay's skittles matches whislt enjoying pancakes with a variety of toppings on Shrove Tuesday

#### **Transport Available**

Please book the Island Car by I I am cars@shapinsay.org.uk or call/text 07798570439







THURSDAY 9TH FEBRUARY

**BOWLS & POOL** 

Clubrooms, 2pm

#### ACRYLIC PAINTING WORKSHOP

Music Room, 2pm

**Transport Available** 

Please book the Island Car by I I am cars@shapinsay.org.uk or call/text 07798570439







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# LIVE MUSIC & LIGHT REFRESHMENTS

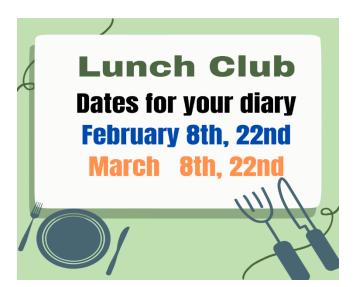
Music Room

Thursday 16th February 8:30pm

All Welcome to come and listen to Shapinsay's Music Group playing live

Transport Available
Please book the Island Car by 4pm
cars@shapinsay.org.uk







# DANCE CLASS & FLOWER ARRANGING WORKSHOP

Thursday 23rd February

Clubrooms, 2pm

All Welcome Refreshments Provided

#### Transport Available

Please book the Island Car by I I am cars@shapinsay.org.uk or call/text 07798570439







# Family Climbing Club

An opportunity for primary age children to practice climbing with a parent or carer

4:30-5:30pm on

TUESDAY 31st IANUARY

TUESDAY 14th FEBRUARY

TUESDAY 28th FEBRUARY

Organised through Shapinsay Community Association

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### The Shapinsay Sound

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**Shapinsay School February 2023** 

<u>Nursery</u> - We have been very interested in the recent cold weather and have been out exploring the snow and the ice. To investigate ice further we have made ice cubes to put into the water tray and have watched them melt, using the magnifying glasses to look closely.

<u>P1-4</u> - have been learning about Space this term. The role play area is a space shuttle, complete with a control panel made by the children. The children have also been enjoying playing with small world resources and making space models from lego, knex and meccano. In reading we have been looking at Science Fiction stories, and are now in the process of writing our own. We are also exploring non-fiction and the features of non-fiction texts.

In art we have been creating our own planets and solar systems from a variety of materials. We have also created planet landscapes on our laptops using the Paint app.

In music the children have been learning to play simple tunes on glockenspiels, with some of the children continuing with recorder. In French the children have been learning the names for months.

In PE we have been learning climbing skills through a variety of games, we are using the traverse wall, freedom climber and wall bars. We will also be getting out some of the gymnastics apparatus later in the term. We are also learning badminton skills, in particular how to serve a shuttlecock over the net.

<u>P5 – 7 -</u> In PE this term we are learning badminton skills, we have been learning both the forehand and backhand serves and improving our rallying skills. We are slowly learning the rules of the game and hope to be playing doubles by the end of term. We are also learning climbing skills while playing games like shark attack and Twister, we also have free climbing time on the traverse wall, freedom climber and wall bars.

Science work has involved learning about the features of some of the different invertebrate groups and some invertebrate life cycles (e.g. jellyfish, moths and cicada). English work has focused on reading and

writing explanation texts based on life cycles, such as the life cycle of a dragonfly. The children have also continued with their usual work on spelling, handwriting and grammar. They learned about The Address to a Haggis and then performed it to the Lunch Club at their Burns Lunch.



In art, they drew portraits of Robert Burns using chalk pastels and used pencil to draw some invertebrates. In technologies lessons, they've improved their touch typing skills and made Powerpoints. Spanish work is currently on different ways of greeting people and saying 'goodbye'.

Sports Committee - The Sports Committee have been working very hard to try and earn our Gold school sports award again. We will soon have information on an exciting community project to share with you, but for now we are on the look out for anyone within the community who might have sports skills they could share with the children. The availability of activity clubs is one of our lower scoring areas. We currently have a football club and very recently a climbing club and an after school team sports club and will soon have a lunchtime games club. These however will only run for part of the year and we are always on the look out for people who can run or help run other clubs, even for just a 3 or 4 week block. So, if you are a dab hand with a badminton racket, a basketball or netball or can kickbox, highland dance or play shinty or have any other sporty skill we would love to hear from you. You don't have to be an expert, just have a willingness to share your skills with the children.



#### CARPET BOWLS & **BOARD GAMES**

Clubrooms

Thursday 16th February 2pm & 7pm

Tuesday 28th February 2pm & 7pm

All Welcome Refreshments Provided

#### Transport Available

Please book the Island Car by I I am cars@shapinsay.org.uk or call/text 07798570439









#### **ACTIVE MOVERS**

Wednesdays 1st, 8th, 15th &

22ndFebruary

The Clubrooms, Shapinsay community centre

9:30am sharp

Please wear comfy clothing

Free to attend.

Any questions to Alison 07867622814



#### LIVE STREAMING

#### FROM HARRAY COMMUNITY CENTRE





#### Piece Place

Wednesdays 1st & 15th February In the Clubrooms, community centre

soup/sandwiches 12:30 -1:30pm Homebakes 1:30-4pm All ages very welcome (donations to Island wellbeing project)





The Next Visit of the Mobile Library is:

23rd of February 2023

Shapinsay			
School	10.15	-	11
North School	11.15	-	12.15
Astley	12.30	-	12.45
Helliar	1.30	-	2.15
Balfour Village	2.30	-	3.15

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Kirk News - Dear Friends,

I hope this finds you in good health and good spirits. Below are a few developments to keep you informed about what's coming up in February in the kirk.

As always, the Shapinsay Kirk will begin the season of Lent with an <u>Ash Wednesday service</u> on the 22<sup>nd of</sup> February at 7 pm. All are welcome!

Then during Lent, we will have a study group — we'll be reading 'The Shack', a Christian novel by Canadian author William P. Young, a former office manager and hotel night clerk, published in 2007. A grieving man receives a mysterious, personal invitation to meet with God at a place called "The Shack." He ends up having long conversations with God and learns a lot about the nature of God and God's love. It is a work of fiction and yet it's theologically sound and explains truths which are difficult to grasp in a fresh way. You can of course read the book yourself but if you'd like to get together with others and discuss its content, please get in touch with me, indicating whether you'd rather it was an online or onsite meeting. I hope you're blessed as you read and explore God's love anew!

On top of that, we welcome some of the Kirkwall East Worship Team who will lead the service here on the 5<sup>th</sup> of February and on the 19<sup>th</sup> of February we'll have communion. Everyone will be most welcome to join us for any of the services.

See you soon!

Rev Julia Meason (<u>JMeason@churchofscotland.org.uk</u>, 874789)

# Shapinsay Community Council Meeting Thursday 2nd February 2023 7pm in the Community Centre.

#### Made at Winter workshops



Crochet hearts



Felt Flowers



Some of the goodies available at some Winter Weekday events