

The newsletter for the island of Shapinsay produced by the Shapinsay Development Trust.

Registered Charity Number SC034818; Registered Company Number

A word from the CDO

I can't believe we are going into November already, the year has flown in! We had a very successful AGM, thank you to everyone that attended, we probably have AGM fatigue with having last years one in February this year, then an EGM in July, but that's us all done for this year and the support from the public has been tremendous. There are some changes to report after the AGM with 6 names being put forward for new directors and 4 of those joining the board, so we'd like to welcome Adrian Bird, Barry Moncrieff, Graham Rendall and Simon Meason to the Board. There will be a time of adjustment now as everyone settles into their new responsibilities, Rachel Garson has taken over the role of Chair, taking over the old chair email address, so if anyone wishes to contact her directly, it's sdtchair@shapinsay.org.uk.

We didn't advertise it last month, but should probably make a formal announcement that I applied for and was successful in securing the role of Community Development Officer, so I'll be continuing in my role as Manager, but also doing the Community Development Officer role! This means I will have more time to get out into the public, speak to people, take on projects and support the board going forward. We've done "meet a director" in the past, but we've never really done "meet the staff" So I guess, for those that don't know me, I should introduce myself!

I'm Lisa-Marie Muir, I grew up in Westray where, one of the many roles my dad had over the years, was Westrays first Community Development Officer I see from their Facebook page that WDT is now 22 years old, so that was some time ago! This means that CDO a role I'm familiar with, although it looks very different from when he did it many years ago, and it looks different on every island! I moved to Shapinsay in 2000 and married Darren in 2002. We have 3 bairns, who are all at the KGS now, so in theory I have more time now, not liking to be idle obviously, I thought I'd add another job to my repertoire! I have given up by role as fitness

instructor at the gym, but am keeping on Fatburn Extreme classes for the time being. I am also an Emergency First Responder, we back up the nurses and drive the ambulance when needed, you might also occasionally see me drive the school bus as the relief driver, so life is never dull!

I look forward to getting stuck into the future projects and working with the public going forward, feel free to pop into the Boathouse any time and say hi!

Lisa-Marie



Meet a director

Hello, my name is Barry Moncrieff. I grew up and went to school in the West mainland before meeting a local Shapinsay lass whom I married in 1998. Carol and I have three teenage children who all live at home two of which go to Kirkwall Grammar School while our eldest commutes to her work in Kirkwall.

We built our house before the bairns came along and I went self employed as a joiner a year after we moved in. I've worked mostly on Shapinsay for the last 17 year's and have been a retained crew member of the local Scottish Fire and Rescue Service for almost as long.

Shapinsay is a unique island because of its close proximity to the mainland which means its home to a vibrant local work force as well as being home to a large number of working commuters. The financial benefits of the community turbine have been tremendous over previous years thanks to the efforts of Shapinsay Development Trust board members past and present who've given up their time freely to help bring many benefits to locals young and old. I decided to help forward to be on the trust board recently as I want to help ensure the good work and progress continues helping to enhance the whole communities social and economical wellbeing.

Kirk news

Let me start this article by saying a huge thank you for a terrific support you've shown to our Harvest Thanksgiving service on the 10th of October. We couldn't have one last year in person so this year the turnout was great, and we are very grateful for God's gift of harvest as well as a fantastic community. Thank you!

In November most our services begin at 12 noon to suit the boats for visiting preachers – this is the case throughout the winter. On the 7th of November we welcome Valerie Pomfret, a reader in the Presbytery, who will take the Bible Sunday service. I'm taking the service on the 14th of November and the Worship Group on the 21st and the 28th of November.

On the 14th of November we will have a busy day – it is Remembrance Sunday so we begin with a short service at the war memorial at 10.50 am which will culminate with a two-minute silence at 11 am. We are then going to hold a Remembrance Sunday service with communion at 11.30 am in the church – as we can't provide refreshments yet at this stage, we decided to move the time of the service back to 11.30 am. Please bring your own cup and a piece of bread with you for communion – we will provide the juice and port.

14th November is also our Gift Day. Sadly, our Kirk building has suffered during the prolonged period without use, but we are starting to look at how best to address this. Investing in some form of renewable energy to help offset the cost of running the heating is being explored and alongside this we are looking at some redecoration to freshen up the building. Although we do have some funding available for this work, the Kirk Session has decided that this year's Gift Day donations will go to our Fabric Fund so your contributions will be used to help support these projects.

If you wish to make an offering on Gift Day, please use the envelope provided with the letter sent to you by our treasurer. This can be put in the plate at the Communion service on Sunday 14th November or you can hand your gift to any Elder. If you haven't received a letter and/or an envelope and would like to contribute, please contact Sheila Garson – Treasurer – 711779. Your ongoing support is greatly appreciated.



We are also beginning to look

towards Christmas. The Church of Scotland's Presbytery of Orkney's Christmas appeal is now in its thirteenth year and has raised close to £60,000 since 2009 to support frontline projects in Malawi. For those who are new to it, the concept is very simple and gives you the chance to send someone a "gift voucher" card, which will support our partner projects in the Thyolo Highlands of Malawi. Simply choose how much you'd like to donate, fill in the form and we will send you a lovely Christmas card / certificate (with envelope) acknowledging the donation so you can gift it to a friend. Alternatively, we can post it directly to them saying that the donation has been made by you on their behalf. Further details and forms are available from myself or Rev Iain MacDonald 01857-677357, The Manse, Hilldavale, Westray KW17 2DW.

We look forward to seeing you soon!

Rev

Julia

Meason,

JMeason@churchofscotland.org.uk,

874789/711275

Shapinsay Community Council

Would like you to

Save the Date

For the

Tree Lighting

Which will hopefully be held on

Friday 3rd December 2021

Details to be confirmed nearer the time



Now that things generally are starting up again, SHAC is excited to announce two upcoming events for the whole Shapinsay community.

The first is the inaugural session of the Shapinsay Craft Hub. Anyone, young or old, who is interested in taking up a new craft or further developing an existing skill (knitting, crochet, felting, sewing, etc) is invited to come along **to the Community Centre once a month 30th October**, where expert crafters will be on hand to mentor and give advice. Anyone who would be prepared to be a mentor is also encouraged to come along. The sessions will be informal and refreshments will be available.

The second is the Christmas Extravaganza on 4th and 5th December. From 1.30-4.30pm both days there will be a Christmas arts and crafts market, children's activities, craft workshops, raffle, competitions and Christmas refreshments, again in the Community Centre. It would be lovely to see everyone there.

In the meantime, the Heritage side of things is focusing on the completion of an inventory of every single document, photograph and artefact held by SHAC in preparation for the digitisation project. It has been decided that new donations will in future need to be accompanied by a form giving full details of the item for recording purposes. We have come across a couple of very interesting and intriguing objects which have little to no provenance and no way of establishing any!

For more details of any of the above please see the SHAC facebook page or the SHAC pages on the Shapinsay website, email puffin.pie@icloud.com or telephone Lenka on 01856 711260.

Shapinsay Community Council are holding a



display on

Friday 5th November 2021 at 7pm

Spectators are asked to stand on the pavement

In front of the School bike sheds

The fireworks will be set off from the Boathouse garden but spectators must not enter the Boathouse grounds at all during the event.

Shapinsay Community Association

will be providing

**tea, coffee and hot chocolate and a chance for socialising
in the Clubrooms following the display.**

Feel free to bring your own refreshments.

There will be a donations bucket and a raffle.

Masks must be worn when entering the building.



Join us on our next Healthy walk
Health walks are short, safe, social, local, low level, fun walks and are aimed at people who need or want to improve their health and wellbeing by becoming more active.

Free to take part. Participants are encouraged to walk at a pace that feels comfortable and lets them chat. All ages welcome to come along.

Meet outside 'The Boathouse' for 2pm on Tuesdays. During the winter months we walk in the surrounding area of the village. Hope to see you there!

Keep an eye on Facebook 'Shapinsay island wellbeing' in case of cancellation due to weather!

Julia & Alison Meason Tel 0786 7622 814

Shapinsay Primary

On Wednesday 6th October we all wore red to support the show racism the red card. We raised £23.60 which has been sent to the charity <https://www.theredcard.org/>



This term in Philosophy we are looking at "thinking" and what thoughts are.

As we move through November we will starting to think about Christmas, practising music and songs. We will also be learning about the different festivals that take place over the course of this term.

Nursery

This term we will be learning about Festivals and developing our woodworking skills using our new workbench, tools and resources. We will be joining P1-4 in PE this term doing...



Thursday 4th November
The Boathouse
From 2pm

Have you had a previous cancer diagnosis? Are you affected or have been affected by cancer in anyway? Would you like to have a yarn over a cuppa with others experiencing the same? Why not come along on Thursday 4th November to the next meet up.

Everyone welcome.

If you want to find out more information contact
Alison 07867 622 814

.....some more climbing, learning to hold various bats and rackets, and responding to music through dance.

P1 – 4

This term the children are learning about David Balfour and his influence on Shapinsay. We will be learning about the castle and the impact he had on Shapinsay in general, especially on farming.

We will also be learning about the Victorians, comparing life in the past with life today. Our role play area is a Victorian living room, and so far we have been working on making a pretend fireplace.

In PE we will be continuing with our climbing work started last term and increasing our racket skills. We will also be listening to music and creating our own dance sequences.

In French we will be learning about different activities and games.

P5 – 7

This term, the children will be doing a science topic on light, sounds and senses. We've also borrowed some footprint tunnels and a wildlife camera so that we can find out which animals are visiting the school grounds. In art, the children are learning to use a variety of embroidery stitches. RME will be about Buddhism. Social Studies will involve learning about chronology. Health and Wellbeing work will be on the risks involved with smoking, alcohol and drugs. In Technologies lessons, the children will learn to program Microbits. In PE we will be continuing with our climbing skills work started last term. We will also be working on badminton skills and creative dance.



Next mobile library visit is on
Thursday 4th November

School— 10:15-11am
North School—11:15-12:15
Astley—12:30-12:45pm
Helliar View—1:30-2:15
Balfour Village—2:30-3:15

Orkney Library & Archive 44 Junction
Road, Kirkwall, Orkney KW15 1AG
tel: 01856 873166



Orkney Alcohol and Drugs partnership

Alcohol Awareness Week, on the 15th to 21st of November 2021, is a chance for the UK to get thinking about drinking. It's a week of awareness-raising, campaigning for change, and more. The theme for Alcohol Awareness Week 2021 is 'Alcohol and relationships'.

Alcohol Awareness Week is coordinated by Alcohol Change UK. Over 4,000 public health teams, workplaces, GP surgeries, pharmacies, hospitals, charities and other community groups across the country have signed up to take part. It's easy to get involved - <https://alcoholchange.org.uk/get-involved/campaigns>

Alcohol and relationships are closely linked. Many of us associate alcohol and socialising, and alcohol can become a big part of our connections and interactions with those around us. But when our own or a loved one's drinking starts to negatively affect our relationships, or stands in the way of us taking action on our own drinking, it can have a huge impact on our lives.

On top of this, research shows that many of us have found ourselves drinking more to deal with feelings of loneliness and isolation during the pandemic. As we leave lockdown and return to normal life there will be new pressures too – pressures to drink, 'sober shaming', and pressures we put on ourselves to get back to 'normal' socialising.

So this Alcohol Awareness Week, we'll be looking at the ways in which alcohol can affect our relationships and sharing stories, factsheets, tips and more.

If you wanted to know more information about safer alcohol consumption then you can check out <https://www.drinkaware.co.uk/advice> for advice, tips and support in having a healthier relationship with alcohol.

Shapinsay Development Trust



**Welcomes you to:
'The Piece Place'
Now in The Clubrooms**



Thursday 11th & 25th November
Drop in 2pm – 4pm
**All ages welcome – no booking
necessary**

Fancy a cuppa and catch up in a safe and socially distanced environment? Why not come along to The Piece Place
We look forward to welcoming you.

Please adhere to the current Covid guidelines which are:

- Wear a mask/face covering on entry and exit to The Piece Place. Masks can be removed when seated but must be worn when leaving the table.
- Sanitise hands upon arrival and exit.
- Track and Trace records will be kept for 21 days.



Thank you for your cooperation

darn good yarn



EUROPE & SCOTLAND
European Social Fund
Investing in a Smart, Sustainable and inclusive Future

Saturday 6th & 20th November

At The Boathouse

Drop in from 2pm -4pm

Bring along your knitting, crochet, sewing whatever craft you enjoy, stitch a yarn and have a yarn!

Refreshments provided Everyone welcome Free to attend.

Any queries to Alison Meason  711733 The Boathouse or 0786 762 2814

Guy Fawkes

D	N	R	E	B	M	E	V	O	N	D	Y	S	C
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BARRELS
GUNPOWDER
FIREWORKS
PLOT
TUNNEL
BETRAYED
ASSASSINATE
PARLIAMENT
BONFIRE
KING
CATHOLIC
LONDON
TORTURE
FAWKES
CELLARS
NOVEMBER

