

# The Shapinsay Sound



LOCAL

The newsletter for the island of Shapinsay produced by the Shapinsay Development Trust.  
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It has been great to welcome all the children back to school. Everyone has settled in well, and all have been particularly enjoying getting outside as much as we can. The school looks and feels a little different than normal, but everyone has adjusted to this "new normal". The outside area at the front of the school has been much improved by Ian during the lockdown period, and the children have really been enjoying playing there.

## Nursery

In nursery we have been looking at shapes, learning their names and how they fit together, we have been doing a lot of our learning outside and have really enjoyed our new garden, especially the sand.

## P1 – 4

The P1 – 4 children are learning about weather this term. The children have all come up with some really good questions and we will be working together to answer them. We have done lots of experimenting with ice, and have started to find out about where rain comes from. P1 children have started learning their sounds, and have even started to make real words.



## P5 – 7

The P5-7 children's learning this term includes a science topic on materials and technologies work on making materials (including paper and felt). In RME, they are learning about Sikhism. French and Spanish lessons have begun with revision of numbers, colours and days of the week. World Geography is this term's social studies topic and the children have been learning about the continents, starting with Antarctica.

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SHAPINSAY  
DEVELOPMENT  
TRUST

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September 2020



## Shapinsay Development Trust

At last, this issue of the Sound is starting to get back to a 'nearer normal', with some information from other community groups as well as Shapinsay Development Trust.

Unfortunately, due to COVID restrictions and your safety, we still aren't able to restart the transport services, both the electric car and bus, and the OOH boat service, or to open the Boathouse to visitors and groups. These are under constant review and we are hoping this will be possible to reintroduce these in the not too distant future.

Another year has gone and our AGM is coming up, provisionally set for Monday October 19<sup>th</sup>. In these uncertain times, we are hoping to have it as a public event in the community hall, but it may have to be an online Zoom meeting. We will update you on this nearer the time.

This year, we will have at least 2 spaces on the board for new directors and we are inviting applications from anyone interested in joining the board. If we have more than 2 people interested in carrying out this role, it will be decided by vote from the members of Shapinsay Development Trust attending the AGM.

This year, as you will see inside this issue, we have decided to outline the role and responsibilities of being a director of SDT. On first reading it does look quite daunting, but as well as the guidelines from The Scottish Charity regulator (OSCR) and our own Memorandums and Articles, we have our Project/finance officer attending board meetings who advises the board on finance, charity law and governance, and other advisors available to us when needed. Also, the board work together, discuss issues, make decisions as a team and support each other when needed.

If you have an interest in becoming a director, please contact us with any questions, if you would like to discuss your interest with a board member directly or to ask for an application form.

In the recent Development Plan (2020-2025) one of the developments highlighted, as a result of community consultation, was the continuing concern for the need of an island cafe, restaurant and/or pub. To enable any possible development of these facilities for Shapinsay, we need to know the thoughts and ideas from as many residents as possible.

In this issue we have enclosed a short questionnaire regarding this. Please complete this and return to the Boathouse, by 14<sup>th</sup> September. Each member of the household, including those of school age, are invited to complete a questionnaire.

We look forward to receiving your responses, which we can then use as a guide for the way forward with progressing, or not, with plans to develop an island cafe/restaurant/pub to meet the needs of the majority of respondents.

# Shapinsay Development Trust

## Outline of the Role and Responsibilities of SDT directors.

### Who can be a Director for SDT?

you need to be over 18 years old  
main residence is Shapinsay  
be member of Shapinsay Development Trust  
you have an interest in the objectives of SDT.  
only one member of a household can be a director at the same time.

### Who can't be an SDT Director?

an employee of SDT  
under 18 yrs. old  
some convictions involving dishonesty, previous bankruptcy or previous disqualification from being a charity trustee or company director

### SDT board members

The board is made up of;  
a maximum of 6 elected members  
3 representatives, one from each of the following groups, Community Council, Community Association and Heritage group (SHAC).

The Chair and other officers are elected annually, after the AGM, by the board.

Every 2 years at least one third of the board must stand down, but can be re-elected again, up to a maximum of 6 years continuous service.

### Time commitment

Board meeting are held every 5-6 weeks, at the Boathouse, usually about 6pm. We try to keep the meeting to 2 hours maximum.  
Between meetings we communicate when needed, mainly by email, to keep each other informed about projects moving forwards and other issues that are raised and need to be dealt with before the next meeting date.  
When sub groups are needed for specific projects, this needs at least 2 board members to be on the group.

### Induction package

Shortly after joining an induction package will include;

An update on current activities  
A copy of the governing document  
A copy of the Directors, Staff and Volunteers Handbook  
Introduction of staff, roles and responsibilities

# Kirk News

Dear all,

It has been a long time since I had a chance to contribute to the Shapinsay Sound and an absolute eternity since I have seen most of you! It has been the strangest time, full of challenges. I hope you have coped as well as can be expected under the circumstances.

We have not been idle in the kirk in the last five months – every week we have been producing online services: both regular and messy church. We have been worshipping jointly with Kirkwall East we are linked with as well as Moncur Memorial Church Stronsay where I am interim moderator. Twice we held a joint online service with the Peedie Kirk with whom Shapinsay Church has a special relationship with reciprocal visits twice a year.

We are not going to open the kirk building before the government introduces phase 4 and therefore our diet of online worship continues in September. On Sunday 6 September 2020 a Creation Time Communion Service will be held at our Facebook page 'Kirkwall East linked with Shapinsay' and the YouTube channel [https://www.youtube.com/channel/UC7Yg\\_uFSQsU7UWDC2SSnyCA](https://www.youtube.com/channel/UC7Yg_uFSQsU7UWDC2SSnyCA). You can also join with us by dialling 01856 404667 from your phone and listening to the audio recording of the service or asking me for a script of the service which I can send to you by e-mail. Please join us to share in the Lord's Supper. Wherever you are on your faith journey, you are welcome at this table. If you have a friend or family member who would like to receive communion, please extend this invitation to them. They do not have to be a member of Shapinsay or of any other church. Please bear in mind that you will receive communion in your home in bread and wine/juice which you had prepared. 'Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty".' (St John 6:35)

On the 13th we will have the privilege of online pulpit supply from Rev Martin Fair, the Moderator of the General Assembly of the Church of Scotland. On the 20th we will observe Freedom Sunday where we will learn about the work of the International Justice Mission, a Christian anti-human trafficking charity.

On the 27th September we hope to celebrate a Music Service. Every Sunday (for as long as we are not back in our building), we will also hold e-messy church. All of this could change, depending on when the government's phase 4 is introduced, but what are plans for if not to be amended??:) The outline gives you an idea of what we are aiming for this month.

We have also held Zoom coffee afternoons between the three congregations (Shapinsay, Kirkwall East and Moncur Memorial Church Stronsay). They take place on Sundays at 11 am—to coincide with the time when we would have been in church, enjoying the fellowship with one another. If you would like to catch up with others in this way (you can phone in too if you do not have Internet access), please let me know, and we will give you the link/phone number to the meetings.

This year we are again running the Blythswood Shoebox Appeal. Firstly, a big thank you for all the shoeboxes donated in 2019. These made a huge impact on the recipients, with many living in such dire poverty that this gift, from an unknown person, not only brings smiles, but impacts their lives.

This year's appeal will be very different due to coronavirus restrictions. You can find the checklist here: [https://1315ed77-0c1c-bb3f-55be-f2367680bd87.filesusr.com/ugd/213375\\_c8ddd8c49a544c02ac602a7fa73adbdc.pdf](https://1315ed77-0c1c-bb3f-55be-f2367680bd87.filesusr.com/ugd/213375_c8ddd8c49a544c02ac602a7fa73adbdc.pdf) to help you get started. If you have any queries or would like to donate a filled box, goods (if you would rather not fill a box but still like to help), or money to this year's appeal, please contact me. **I will happily collect any donations to this appeal.**

### Thank you for your tremendous support for this worthwhile cause!

Hope September brings you blessings and joy,

Rev Julia Meason (01856 874789, [jmeason@churchofscotland.org.uk](mailto:jmeason@churchofscotland.org.uk))



## Scottish Ambulance Service (SAS)

# Shapinsay Emergency Responders

Following a change in the way the ambulance service is provided in Shapinsay, there are now a number of vacancies for Emergency Responders to join the existing team.

When the Nurse Practitioner decides that it is necessary for a patient to be taken to hospital by ambulance, the Emergency Responder is called to assist. Under the new arrangements, two Emergency Responders will be on call together, one driving the ambulance and the other accompanying the patient.

Training will be provided on, for example, basic first aid, use of the equipment, moving and handling and CPR, but the Emergency Responders are not expected to be medically trained.

It should be noted that if the Nurse Practitioner considers that there is a likelihood of the patient requiring medical attention while in transit to the hospital, the Nurse Practitioner will accompany the patient in the ambulance rather than the Emergency Responder.

**The 'on call' period is divided into two shifts each day, 9:00 a.m. to 5:00 p.m. and 5:00 p.m. to 9:00 a.m.**

The Responder team meet towards the end of the month to agree on who is to cover each shift in the following month. The normal commitment is for a minimum of eight shifts per month. Payment is made by SAS at an 'on call' rate for each shift and an additional payment is made at an hourly rate for the duration of a call out.

**If you are interested in joining the team and/or would like to discuss this opportunity in more detail, please contact either Fiona Summerfield on 711320 (mobile 07557 523558) or Paul Evans on 711338 (mobile 07519 144141) as soon as possible.**

**Please note, you must have a full driving licence.**

## Shapinsay Development Trust Part 2

### Director responsibilities in relation to SDT

Directors are obliged to protect the interest of SDT at all times  
All projects must be considered as charitable in the eyes of the law  
Issues of sustainability must be considered  
Community consultation and support is essential.

### What is a Director/ board member?

Members of charity committees and boards are known as Charity trustees, but can be called directors, board member or trustees.

"Charity trustees are the people who control and manage a charity. They are responsible for complying with the law" (OSCR 2018 update)

### What does being a Director/board member mean?

#### As a member of a board;

You are fully responsible for how your charity is run and what it does. It does not necessarily mean running the charity on a day-to-day basis and making operational decisions. Your charity might have volunteers or staff that do this. All the charity trustees share responsibility

All of the group of charity trustees have charity trustee duties – no matter how small your charity is. A duty is something that you must do. The group shares the responsibility equally. No individual charity trustee, for example the Chair or Treasurer, has more responsibility than the other charity trustees do. We call this collective responsibility "(OSCR 2018 update).

More information regarding roles and responsibilities for Directors can be found on the OSCR web site [www.oscr.org.uk/media/3621/v10\\_guidance-and-good-practice-for-charity-trustees.pdf](http://www.oscr.org.uk/media/3621/v10_guidance-and-good-practice-for-charity-trustees.pdf)

**As mentioned at the beginning of this newsletter, if you have an interest in becoming a director, please contact us with any questions, if you want to discuss your interest with a board member directly or to request an application form.**

## Wellbeing Shapinsay

### Information update received from Orkney Library

#### Reopening

Orkney Library & Archive reopened to the public on Monday 17th August. However, due to physical distancing restrictions the number of people permitted to access the building at any one time is limited. Therefore all visits to the Library or Archive must be booked by contacting us on 01856 873166 or emailing the Library at [library@orkney.gov.uk](mailto:library@orkney.gov.uk)

#### Library

The Library is open Monday to Saturday from 10.00 - 12.00 and from 14.00 to 16.00. The period of closure each day will ensure that surfaces and facilities can be sanitised between visitors. Please contact the Library to book your visit

#### Returning items

Items can be returned at any time we are open by placing them on the returns desk inside the door. Booking is not required to return books because you are not fully entering the building but if you want to come in and use the library or borrow new items then booking is required

## Wellbeing Shapinsay Part 2

### Request & Collect Service

Our Request & Collect service remains in operation at Kirkwall meaning customers can request items and collect them without entering the building. Requests can be made online or by phone or email. Once we have received your requests we will contact you to arrange a time for you to collect them. This will be a few days after requests are made. Books can either be reserved online using a library card, by sending an email to [library@orkney.gov.uk](mailto:library@orkney.gov.uk) or by phoning 01856 873166 (Kirkwall) Please note your books will only be available for collection during your prearranged time slot so please do not visit the library at any other time

If you have NO internet access it is possible to contact the library 873166 to arrange for them to have books delivered to you in Shapinsay at no cost to you. Either phone the library 873166 or contact Alison Meason on Shapinsay 711 733 or 07867622814 for more information.

### Mobile Library Service

This service has not yet resumed but we are currently piloting a temporary delivery service to a few islands which we hope to expand to all areas and islands in the near future

### eBooks

We have a wide range of eBooks and eAudiobooks available to download for FREE on PCs and laptops or by using the Borrowbox App for tablets and smartphones. We would encourage all customers with internet access to explore these options

**Joining the Library/Updating memberships** Contact the library on 01856 873166 or email [library@orkney.gov.uk](mailto:library@orkney.gov.uk)

## Shapinsays got it covered-face coverings

The group of volunteers making, washing and dispatching face coverings are having a well earned rest from making face coverings while stocks are higher. These washable face coverings are being provided free of charge to anyone on the island who wishes. They are available free from the waiting room on the Shapinsay pier or by contacting The Boathouse 711733 to arrange collection – Monday to Friday 10am – 2pm. Please adhere to all current government guidelines when collecting face coverings. If you are having trouble getting one that fits you, please contact Alison Meason 711 733 or mobile 07867622814 and we will try to find you one that does. Everyone's face, shape and size is different and folk wearing hearing aids, glasses, etc may find it more difficult to find the appropriate one that fits them.

### Hand sanitiser and refills

Shapinsay Development Trust received funding which enabled them to purchase hand sanitiser through Deerness Distillery Ltd. Free 50ml bottles are available free to each resident on the island. Free refills are then available from the boathouse Monday to Fridays 10am to 2pm or by arrangement Tel 711733 or Alison 07867622814. If you can't manage during those times please contact to arrange a suitable time.

### Books, Magazines, craft items etc

There are lots of books, magazines etc. available free for your use. If you are interested in any of these please contact Alison at the boathouse 711733 or 07867622814 to arrange collection. There are also some books and magazines available from the portacabin on the Shapinsay pier. Please adhere to current government guidelines when collecting.

### Health Walks

These are on Tuesdays and following all current government guidelines. Anyone is welcome to come along and provided not showing any symptoms of Covid 19 are welcome to join. The walks are up to 1 mile long but shorter walks can be arranged for those new to exercise. The walks leave from the Boathouse and social distancing is to be maintained at all times. If you would like a cuppa afterwards please bring a flask. This will take place outside on the picnic benches.

**If you would like to come along but not sure about anything or nervous to go on your own, or would be interested in going shorter walks please do get in touch. Everyone is welcome.**

**Alison Meason 711 733**

## Shapinsay Community Council

### Shapinsay Ferry

**The timetable changes Saturday 5th September.  
Saturday will go back to normal winter schedule.**

### Recycling

The recycling unit is back situated outside the gym. It takes cans, bottles and paper. If any of the sections are full please don't leave bags beside it. If you can let myself or a member of the Community Council know we can let OIC know it needs emptied. It has already been filled and emptied so people can use it again now. This will act as a stopgap till the kerbside recycling starts again.

**There is no date yet when this will happen but hopefully sometime soon.**

Hopefully everybody now has a wheelie bin. If you don't have one you can either contact OIC main desk directly to request one or speak to myself and I will arrange it.

### Toilets/Waiting rooms

The toilets and waiting rooms in Shapinsay and Kirkwall are all open now. Extra cleaning had to be put in place before they could open but thankfully this has now been implemented.



[www.orkneyferries.co.uk](http://www.orkneyferries.co.uk)

### SHAPINSAY RO-RO SERVICE

TIMETABLE EFFECTIVE FROM 3 SEPTEMBER UNTIL 22 NOVEMBER 2020

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Shapinsay	dep	0730A	0730B	0730B	0730B	0730B		
Kirkwall	dep	0815A	0815B	0815B	0815B	0815B		
Shapinsay	dep	0900A	0900B	0900B	0900B	0900B	0900B	
Kirkwall	dep	0945	0945	0945	0945	0945	0945	
Shapinsay	dep	1030	1030	1030	1030	1030	1030	1030A
Kirkwall	dep	1130	1130	1130	1130	1130	1130	1130A
Shapinsay	dep	1330	1330	1330	1330	1330	1330	1330A
Kirkwall	dep	1415	1415	1415	1415	1415	1415	1415A
Shapinsay	dep	1515	1515	1515	1515	1515	1515	
Kirkwall	dep	1600	1600	1600	1600	1600	1600	
Shapinsay	dep	1645	1645	1645	1645	1645	1645A	
Kirkwall	dep	1730	1730	1730	1730	1730	1730A	

**A** Must be booked before 1600hrs on Friday.

**B** Must be booked before 1600hrs the day before sailing.

All other bookings must be made at least one hour before departure.

### NOTES

- All bookings (including passengers) must be made through the Kirkwall Office. Telephone 01856 872044.
- Vehicles must be available for boarding 15 minutes before departure times, and passengers 5 minutes before departure.
- No Show Charges - All cancellations must be made by 1600hrs the day before the intended date of travel, or by 1600 on Friday for sailings marked A, or full charges may apply.
- For Conditions of Carriage of Passengers and Cargo see notices exhibited in the vessels, company premises and website.

For information on this service contact Ferry Services, Shore Street, Kirkwall.  
Telephone: 01856 872044, Fax: 01856 872921, E-Mail: [info@orkneyferries.co.uk](mailto:info@orkneyferries.co.uk)