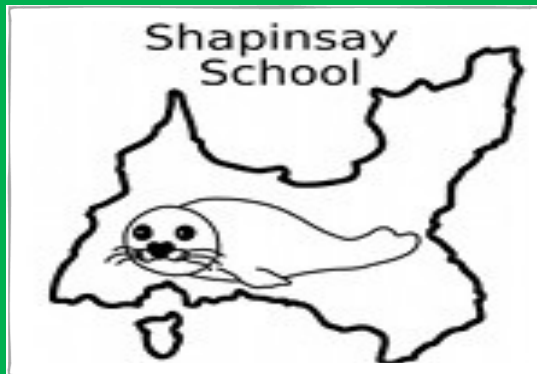


The Shapinsay Sound



LOCAL

The newsletter for the island of Shapinsay produced by the Shapinsay Development Trust.
Registered Charity Number: 50034818; Registered Company Number: SC255127.

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Term One has flown past, and we are now enjoying the October break. By the time you read this we will be going back to school for Term Two and will be thinking about Christmas (sorry to mention it quite so early!).

We had a few visits and visitors in the last couple of weeks of term.

The Nursery and **P1 - 3** class went on a visit to the Vet where Gemma showed us round. We took lots of teddies with us, and they were all bandaged up by the time we left. Brie (one of our French bears) even got a microchip, so if she ever gets lost we should get her home again.

Published by the Shapinsay Development Trust. Disclaimer: The content and opinions expressed in Shapinsay Sound are those of individual authors and their represented groups. These views are not necessarily shared by the publisher

SHAPINSAY
DEVELOPMENT
TRUST

The Shapinsay Sound

Shapinsay Development Trust



OOH Ferry service

As from the 29th October the bookings phone for the transport 07901575162 will not be manned at the weekends.

Anyone wishing to book a sailing for Saturday or Sunday must do so before 5pm on a Friday

Phone shall be manned from 9am – 5pm Monday - Friday

Shapinsay Development Trust

Relief Driver

Based in Shapinsay, Boathouse

Shapinsay Development Trust are looking for individuals to help deliver the Trust's transport service. The successful candidate will have experience of delivering a high standard of customer service and the ability to drive a vehicle to a competent and safe standard. This post will be required to cover holidays and any additional hours when needed.

For more information regarding this post please contact Rachel Chrin at the Boathouse on 711733 between 10am -2pm Monday-Friday. All interested parties should hand in their CV, addressed to Steven Bews, to The Boathouse Shapinsay



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Shapinsay School Part 2



Both primary classes went into Kirkwall to see theatre performances, joining up with other schools. **P1 - 3** went to Gaitness school to see "Martha", a story of a woman and a goose.

P4 - 7 went to the Youth Cafe to see "My friend Selma" and were really impressed with the actor's ability to tell a story by herself and with very few props.

The children's reviews of these performances were really good, and it was great to take the children in to see the performances.



Adele Lidderdale came in to talk to us about the hydrogen project. We learned about how things can be powered using hydrogen, and talked about how it will be used in Shapinsay.



The dentists came in at the end of term to make sure that everyone is brushing their teeth correctly. We all learned how to hold the brushes correctly (it helps if the brush has a picture!) and how we can keep our teeth healthy.

We were delighted too to get a mention in the Scottish Parliament congratulating us for the Gold Sports Award.

Your Island, Your Choice 2

By Annette Kirkpatrick

In 2016/17 we took part in Your Island, Your Choice: it was a participatory budgeting funding opportunity that was open to the 13 occupied islands across Orkney. The concept being that the community itself makes all the decisions. Voluntary Action Orkney started the process by having a public meeting and a steering committee was formed that consisted of Lynne Collinson, Jenny Hall, Markus Muir (secondary school pupil), Gavin Rendall (primary school pupil) and myself. Last time around each island had a pot of just over £2000, which in Shapinsay funded the start-up of the Youth Drop Centre, the Shapinsay Speaks project and equipment for our soon to be upgraded playpark. Although they didn't receive funding the Elwick Bookwrights were also formed later on from an initial idea presented at the YIYC event. We ran a public event where each group that applied for money did a small presentation. Voting was done using lego bricks placed in sweetie jars and the community were able to vote at the event, at lunch club and in the Boathouse.

This time we have over £5000 in our funding pot so if you'd like to have a think about what YIYC2 could fund, your project needs to fit in with one of 5 priorities - Digital Connectivity, Work & Local Economies, Influence & Engagement, Getting Around and Housing & Communities.

VAO will be in Shapinsay on Tuesday 13th November to begin the process again. If you'd like to be involved in the steering committee or simply want to know more about how participatory budgeting works please come along to the meeting in the clubrooms at 7pm.

Kirk News

November is going to be a special month across the world – we mark the centenary of the end of the First World War at 11 am on the 11th November. As always we're going to hold a war memorial service at 10.50 am with a moment of silence at 11 am and then a Remembrance Sunday service at 12 noon – with a cuppa in the church in between the two services! The retiring collection after the noon service will be for the RAF Benevolent Fund.

A week later, on the 18th November at 7 pm, we're going to hold a Songs of Praise event called Joy to the World – Remembering Isabel Dennison. Isabel was a dear friend to many and a former organist of the church. She passed away in Edinburgh earlier in the year, her ashes were then brought home to Shapinsay but now we would like to remember her in what we thought was the most appropriate way – through music which she loved. Whether you knew Isabel or simply like to sing, feel free to come along!

Our coffee afternoons continue and this month we'll be giving all the donations to the local Cubs, Scouts and Beavers. Hope you can join us on the 15th November and support our young people.

Last but not least November sees a new development, we're going to hold café church on the 21st November at 7 pm. It's a simple and informal format, we sit around tables with cups of coffee or tea and biscuits and discuss the topic of the day which this time will be based around the story of Jesus feeding the 5000. We hope to see you there.

With best wishes,

Julia Contact me at: Rev Julia Meason, 874789, email:- JMeason@churchofscotland.org.uk

Screen Machine



The Screen Machine is coming to Shapinsay on **7th November** for one night only!

The films on show this time are Mamma Mia! Here we go again (the sing along version) at 6pm and The Rider (15) at 9pm. Bookings for these can be made at www.screenmachine.co.uk/listings.

The Screen machine will be situated in the Gatehouse Square this time as the community centre carpark will still be full of builders!

Elwick Bookwrights

Literary Outing to Helliær Holm



Saeva Ness Lighthouse (built 1892)

Helen Davis's 'Approach to Crime-writing' workshop had to be postponed from 1st September to 1st December because we took advantage of the light winds on Saturday, 1st September, to have our literary outing to Helliær Holm. The eleven folk (plus one infant) who went on the trip included writers, artists and makers from Shapinsay and the West Mainland, all seeking inspiration from Helliær Holm, which is uninhabited and therefore a sanctuary for wildlife. Thanks to guidance from our Convener, Sheila Garson, we now all pronounce the island's name correctly, dropping the initial H, to say 'elliær Holm.

We were delivered by boat to the north end of the island by Captain Harvey Groat at 10.30 am, and collected at 2.30 pm, so we had four hours to explore the heathery hill with its cairn, the beaches, cliffs and geos, derelict fish station buildings, and the lighthouse. Apparently, there is a chambered tomb beneath the cairn, but this was completely covered with turf, so it was not possible to see inside it.

On arrival, the visitors dispersed to follow their interests, but most met up at the lighthouse to enjoy their picnic lunches with a view south over the String. There was much plastic refuse on the shore, particularly on the west side, and we carried away bag-loads of rope and twine, a boot, plastic bags and other rubbish. On the east side Jenny Hall found a plastic laundry basket! With camera in hand, Jenny was able to get up close and personal with a seal at the north end, so we can expect a prize-winning seal photograph in next year's show. Although most of the seals slipped into the sea when people passed nearby, this particular one did not seem at all bothered by humans.

All in all, we had a wonderful trip, and the only disappointments were that the sun did not make an appearance all day and that when we arrived at The Smithy Café, eager for tea and cakes, there was a sign up: Closed – gone to darts!



Picnic at Saeva Ness on Helliær Holm (from left to right): Lenka, Ellie, Jenny

The Elwick Bookwrights meet at 10.15 on two Saturday mornings each month in the Boathouse. This month our meeting dates are 3rd and 17th November. Annual membership costs £20. Visitors and new members are welcome to come along. For news, follow our Facebook page.

Kate Fereday Eshete, Secretary

Shapinsay Heritage Arts and Crafts



SHAPINSAY HERITAGE ARTS AND CRAFTS
GIFT SHOP CHRISTMAS OPENING!

SAT Dec 1st and Sun Dec 2nd 12 - 4pm

The Smithy : Mince Pies : Mulled Wine
Invitation to sit, sew, knit and chat!
Raffle including local crafts as prizes!

Scottish Charities Incorporated Organisation number SC030206



Garden Notes from Old School

By the time you read this article, we will have moved the clock hands backwards by an hour and that means only one thing; the 'season of mists and mellow fruitfulness' is coming to an end and the nights are drawing in. We'll make the most of the good days of course but there will be times when it's good to settle down with a coffee-table style garden book and let reading be a substitute for doing.

There are still things to be done outside when the weather is suitable. It's not too late to plant garlic and tulip bulbs. If you want tulips to come back year after year, plant them a good 9ins deep and unless your soil is very free draining, sit them on a 2ins bed of grit in the bottom of the hole. Daffodils and crocus can also be planted now before the ground gets too wet and cold. Fruit bushes such as gooseberries, currants or raspberries will all benefit from a good mulch of garden compost around the base.

Cabbages and kale are still standing well and ready to harvest. Don't pull up the whole plant, cut off the top leaving one or two sets of leaves at the base and it will produce new shoots in the leaf axils for a later crop. We're used to having pickled red cabbage at Christmas time but it's also delicious as a fresh vegetable. Shred it and stir fry with a little apple, onion and garlic then add a dash of red wine vinegar, one tablespoon of brown sugar and a small pinch of ground cloves, cinnamon and nutmeg. Cook gently until the cabbage is just tender. Mmmm!!



In spring I sowed some cutting celery; this produces lots of fresh leafy growth which is delicious in a mixed salad. As usual, I sowed too much of the stuff and it got a bit out of hand so now I have a row of 18ins high celery stalks. It won't go to waste though because I have a very good recipe for celery and blue cheese soup which is wonderful on a cold, miserable day!

This is the start of the bare-root planting season. With more garden centres than traditional nurseries, we have become accustomed to buying shrubs in pots and planting at any time of year but they are much cheaper to buy as bare-root plants and potentially easier to get established. Another advantage is that they can be sent via mail order more easily when they are dormant.

During a recent trip to the Lake District, it was lovely to see the trees and hedgerows taking on their autumn colours. I have a small rowan tree, Sorbus Joseph Rock, which is showing off its fiery red leaves and the dogwoods, Berberis, Bergenias and Cotoneasters always perform well but there is room for more! I don't worry about a description that states 'large, vigorous tree' because I know that it will never achieve those proportions here and if it is vigorous, well, all the better! I would like to try growing some of the maples for autumn colour; not the small Japanese varieties because they just will not tolerate the wind but I could try varieties of our native Field Maple, the Paperbark maple Acer griseum, the Vine maple A. circinatum or the Canadian or Red maple A. rubrum. All these have gorgeous red, yellow and orange autumn colours and can be planted as bare-rooted saplings from now until about March. I recently planted some two to three year old birch trees that I grew from seed; there were four different varieties all grown for their white, cream or pinky grey bark which will become more evident as the trees mature, with the added bonus of yellow autumn leaves.

Garden Notes

Part 2



With winter approaching, I'm thinking about the garden as viewed through the window rather than what I see walking around outside. With the shrubs now devoid of leaves, gaps open up at ground level; a group of three sedges, *Carex Evergold* brighten up a space at the base of the shrubby grey-leaved willows. Further away in the corner, a member of the honeysuckle family, *Lonicera Baggesen's Gold*, can now be clipped tightly into whatever shape takes my fancy to form what Monty Don calls a 'living sculpture' during the winter months. And then there's always the 'fedge' to work on; weaving the flexible willow wands is very therapeutic and always fun!



If you have any garden tips that you would like to share or any special plants that you would like to tell others about please let me know and I will include them next month.

Karen Evans, Old School, Shapinsay
karen@evanssmallholder.plus.com

Shapinsay Parent Council



BINGO



Saturday
 24th November
 Eyes down at 7.30pm
 in the Club Rooms

BYOB

Adults: £6 for 6 games, 6 cards per game.

Children: £1 for 6 games,

Final flyer game £2.

TABLE TOP SALE

Sunday 25th November
 12.30 pm – 3.30pm
 In the Shapinsay Hall.

Come along for a browse, cuppa and blether.

If you would like book a table
 contact Marie Dunnett 711252