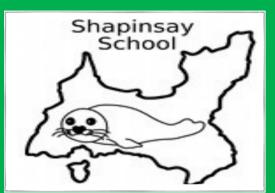
The Shapinsay Sound



LOCAL

The newsletter for the island of Shapinsay produced by the Shapinsay Development Trust. Registered Charity Number S034818; Registered Company Number S0255127.

Contact Information: Email: SDTOffice@shapinsay.org.uk

Telephone: 01856 711733.



Everyone has been really busy making models from bruck at home, including parents. All the children from **Nursery to P7** brought in some great models, ranging from candles to scarecrows, oil platforms to robots, castles to bird feeders. It was great to see everyone's creativity!

On Friday 4th October, you may have noticed that we were wearing red. This was to say **NO!** to racism, by showing Racism the Red Card. We looked at what racism is, and were agreed that it is not something we want to condone in any way.

Both primary classes went to St Andrews school in the first few days of October, to watch plays from "Theatre in Schools".

Many thanks to the SDT for loaning us their bus, to Eileen for driving, and to the Community Council for funding the travel costs.

P4 - 7 children have been swimming all this term, and all have made really good progress. Please keep an eye in the Orcadian over the next few weeks for photos of the children who have recently achieved their length.

We also held a Maths Trail in Maths Week, where the children had to complete a series of maths challenges in pairs, using many areas of the school. It was great to see the older children helping the younger ones, and all of the children enjoyed the different maths activities.

Finally, the IT group have been updating the school website so please take a look at www.shapinsayschool.org to see what else we have been doing!

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SHAPINSAY DEVELOPMENT TRUST

The Shapinsay Sound

November 2019

Shapinsay Development Trust



HOME CARE IN SHAPINSAY

As part of her role as Wellbeing co-ordinator, Alison has been working in collaboration with Crossroads in Kirkwall towards employing care workers here in Shapinsay. We now have a couple of people interested in the role, but before Crossroads can employ any staff they need to be sure we have enough people requiring home care and/or home help.

The amount and type of care offered is on an individual basis. It could be an hour or so one day a week or every day, depending on individual need or it could be just for a short period of time, i.e. temporary care, after discharge from hospital or perhaps enabling family carers to have a break.

Shapinsay Development Trust has committed to support this financially. For each person receiving home care or help from Crossroads we will contribute up to half of the cost of care received. This is done by Crossroads invoicing us directly with no reference to individuals, so maintaining confidentiality.

Crossroads staff are also able to visit people to help assess and claim any allowances to which they might be entitled, to help with the cost of their care needs.

All referrals for home care have to go through the Doctor or the Nurse Practitioners, so please talk to them if you feel that you would benefit from accessing this service. They will make a direct referral.

For more information about Crossroads and the service they can provide you can contact either Alison (wellbeing.shapinsay@gmail.com) or Crossroads (www.crossroadsorkney.co.uk 01856 870500)

FEES FOR USE OF THE BOATHOUSE

We have been reviewing the fees for the use of the Boathouse by various groups. As a result of this we have decided that we will no longer charge a fee for any Shapinsay group wishing to book the Boathouse, but for Non—Shapinsay groups the charge will remain at £10 per session

Shapinsay Development Trust

HOUSING UPDATE

In the October Housing issue of the Shapinsay Sound we outlined two options for housing on the land above Millbank. We have employed the use of an Architect to develop these plans and part of the Architect's remit has been to liaise with OIC's planning department and a Quantity Surveyor.

As mentioned in the October Housing issue, OIC made it quite clear that the road from Millbank to the new homes would need widening and a footpath adding. The Quantity Surveyor has now come back with costings for this work as well as the new road on the actual site and it comes to £310,000. This figure is for the shortest possible road extension required .

Clearly this prohibits SDT from going ahead with the development of homes on the site above Millbank. Our funding/finance expert has worked out worst and best case scenarios based upon potential costs of building homes and grant aid available and the cost to the Trust would be £718,000 and or £440,000. This is money the Trust does not have. However, the cost to the Trust of building similar on small plots of land out of the village (without having to widen roads and footpaths) and taking potential grant aid into consideration would be around £215,000.

Therefore, at the public meeting held on the 22nd October to discuss how to move forward the following was decided:

We need to know whether there are any further small plots of land (about a quarter of an acre) out of the village that owners would like to offer the Development Trust for sale.

We also need to look at the potential of purchasing an existing building(s) to renovate so we will need to look at what is currently available. There might be the chance of purchasing the school teacher's house in the village.

We need to gauge current demand on the island for rented, shared ownership or a serviced site, and to gauge possible future demand by consulting younger people maybe 16 years old and above.

We also need to be mindful of trying to encourage new families onto the island so will need to look at ways of doing this.

DO YOU HAVE A PLOT OF LAND (ABOUT A QUARTER OF AN ACRE) THAT YOU WOULD LIKE TO OFFER THE DEVELOPMENT TRUST FOR SALE?

DO YOU OWN AN EXISTING BUILDING THAT YOU WOULD LIKE TO OFFER THE DEVELOPMENT TRUST FOR SALE?

PLEASE CONTACT THE DEVELOPMENT TRUST IF YOU DO.

As with everything the Development Trust is doing, we will be keeping you informed of progress through forthcoming issues of the Shapinsay Sound.

Shapinsay Lunch Club Part 2



Special Events. Summer Trips to the Mainland with bus tours to visit sites of interest and a prebooked meal at a restaurant take place during July and August.

Christmas Dinner + Musical Entertainment.

Birthdays. Recently the club has had the pleasure of celebrating 80th & 90th Birthdays with its members.

The Shapinsay Lunch Club is supported financially by a grant from OIC and hope to continue to promote our objectives for many years to come with help and support of the local community.

The Lunch Club committee extend a warm welcome to new members wishing to join and are happy to answer any queries regarding our organisation.

Lunch Club Committee, Jan Buchanan, Margaret Eunson, Simon Keauffling, Gladys Gray, Dorothy Laird, Brenda Rendall Edith Tait



Shapinsay Lunch Club

Shapinsay Lunch Club first met in December 1990 and has met regularly during the past 29 years. Lunch Club gained charity status in 1995 and following on from a successful bid for Lottery funding was able to purchase a new bus for the benefit of the club and the wider community. With the help of voluntary drivers the bus went on to serve the group for ma



The Lunch club objective is to promote Health and Wellbeing for the over 50s and disabled people in the community of Shapinsay **Membership is Free:** Meetings are held fortnightly during school term time in the Clubrooms from 12.15 - 3pm approx.

Transport. The SDT bus which has disabled access provides free collection of members to and from the club if requested. (contact Jan 711270)

Dinner. Prepared by the school kitchen staff. a **2 course meal costs £5 per person**. Dietary requirements should be made known in advance, also members unable to attend should cancel their meal on the Monday prior to the meeting by contacting Jan.

Programme. An interesting and varied programme based on members suggestions is provided including Talks, Film shows, Music, Games, etc. New Ideas are always Welcome.

Raffle.(in aid of club funds) small items for the raffle are appreciated and tickets are sold on arrival at the meeting and the draw takes place after lunch. Tickets @£1 per strip

Shapinsay Development Trust

Shapinsay Development Trust
To Year 31st March 2020

FINANCIAL STATEMENT - AS At 30th September 2019

		Annual	Year to	% of Annual
		Forecast	Date	Forecast
Income				
Gift Aid Receipts (SRL)		97,000.00	97,000.00	100%
Office Rental (SRL)		6,000.00	0.00	0%
Wellbeing Post Funding		13,608.00	10,206.00	75%
Leases (SRL)		28,139.00	7,388.00	26%
Subordinate Loan - (SRL)		9,350.00	0.00	0%
Charges/Donations		1,500.00	715.97	48%
	Totals	155,597.00	115,309.97	74%

Expenditure		
Salaries & Contracts		Γ
Leases		
Boathouse/SDT Running Costs		
Shapinsay Sound Costs		
Transport Costs		
Swap		
Memb & Prof Fees		
Travel		
	Totals	

14,000.00	4,638.12	33%
4,000.00	1,622.94	41%
28,158.00	12,270.26	44%
10,000.00	4,111.53	41%
9,500.00	6,070.53	64%
1,800.00	1,100.44	61%
155,597.00	66,694.89	43%

THE SHAPINSAY SOUND

North Isles Landscape Partnership Scheme

The Seas Around the North Isles

Part of the North Isles Landscape Partnership Scheme

Interested in maritime history?
Want to know more about the North Isles/your island?
Are you interested in contributing to the project?

A project looking at the maritime history of the North Isles, covering all aspects. Come along and hear about the project and opportunities for communities to be involved.

Public Meeting at The Boathouse, Shapinsay Saturday 2nd November 2pm – 4pm

Prehistoric Seafaring

What did the isles look like thousands of years ago? How did our ancestors travel between isles in prehistory?

Maritime Cultural Landscapes

Investigate how maritime activity has influenced the way in which island communities have developed through fishing, harbours, traditional boats, lighthouses, salt works, tangles, etc. Can we see cultural links and unique island characters?

Shipwrecks

Uncovering official and unofficial information about wrecks around the North Isles. Are there any which are unrecorded? Sharing anecdotes and stories passed down through families about local wrecks.

Maritime art

Research maritime art on each island and create new art. This could lead to a North Isles maritime art exhibition or trail. Create art inspired by the maritime surroundings as a painting, sculpture, tapestry, woodcarving...

Opportunities for individuals, groups and communities

Do you or any of your friends and family have stories or anecdotes relating to maritime history? We would like to hear them.

Learn new and interesting skills:

GPS surveys, GIS mapping, 3D modelling, possibly boat building, participate on ROV expeditions

Enjoy any form of art?

Looking for island-based artists to lead and/or participate in research and creation of new art.

What kind of outputs will benefit the North Isles/your island most?

Leaflets, website information, exhibition materials, digital archive, talks and events, etc.?





Shapinsay Parent Council



Saturday the 30th of November 7 for 7.30



Tabletop Sale
Sunday the 1st December 2-4pm

If anyone would like to book a table speak to Lisa-Marie Muir.

As well as tables there will be Teas, coffee, home bakes and a raffle!

Carpet Bowls

Carpet Bowls



Summer may have ended and the nights are drawing in, but you can re-live those balmy days accompanied by the gentle click of woods on the green here in Shapinsay.

How?

By coming down to the Clubrooms on

Wednesday nights at 7:30 p.m.

Cost £1.50 per evening. No experience necessary, (nobody could be less experienced than me)! Any questions - please contact Paul Evans on 711338

(N.B no bowling on 13th November)

Wellbeing

Be Active Long Live











Mondays starting 11 November at 10.30am to 12.30pm at Shapinsay Community Centre, Clubrooms

Everyone over 50years welcome

Cost £2.50 includes refreshments

Be Active Long live Group

After a successful salsa dancing, curling taster and vintage tea held recently in the community centre Susan Wishart from Adult befriending at Voluntary Action Orkney is going to start up a BALL (Be Active Long Live) group here in Shapinsay.

The idea of the group is to have some gentle physical activity, a cuppa and socialising. A different activity is given each week and could be dancing, zumba, curling, table tennis etc and this forms the first part of the group and all activities are suitable for all abilities so if you don't feel 'up for it' all exercises are suitable to be done seated.

No-one has to do anything they are not comfortable doing. There is refreshments provided and this is followed by a sociable hour of chatting, cards, games, crafts, talks whatever the group wishes to do. The cost is £2.50 per meeting; this covers the costs of instructors, equipment, resources and refreshments for the group. The group is initially being funded by The Big Lottery community fund and Voluntary Action Orkney. The money paid weekly would be kept in a bank account by Voluntary Action Orkney which would then be used to fund our own group when it becomes independent in future months.

Susan plans to run the group on Mondays from 1030am to 1230pm in the clubrooms at the community centre beginning on Monday 11 November and each Monday thereafter. It is open to anyone aged 50years plus. Its an all inclusive group no matter your ability of fitness and no special equipment is needed to attend, just yourself.

We do hope that you will come along and make it your group how you want it to be run.

Any queries please contact Susan Wishart at Adult Befriending Telephone 872897 or Alison Meason at the Boathouse 711733 or 711261

Shapinsay Health Walk





Shapinsay Health Walk

Health walks are short, safe, social, local, low level, fun walks and are aimed at people who need or want to improve their health and wellbeing by becoming more active.

Meet at The Boathouse for 2pm on Tuesdays

Wear suitable clothing and footwear

The walk will be 1 mile going round the Balfour Mains circuit back to The Boathouse

Free to take part in and open to everyone. Participants are encouraged to walk at a pace that feels comfortable and lets them chat. Any queries Alison Meason, The Boathouse 711733/711261

Game on Shapinsay



The Game On Shapinsay seems to be taking off well. The events are fun and well attended.

We have purchased several new games: two unusual fun card games-Dixit and Exploding kittens, Azul, the game where you can decorate an ancient palace, Catan, a family strategy game. We have also been kindly donated Cluedo junior where the great cake mystery awaits to be solved.

November events: Tuesday 12th 7pm and Sunday 24th 2pm at the **Boathouse.** And the great family games afternoon **Saturday 30th 2pm** at the **Kirk** See you there!

Annual Bonfire & Fireworks



Friday 8th November at the Gas House 6.30pm **Hot Dogs on sale**

There will be a Collection box in the shop and on the night towards the cost of the Fireworks and Insurance which is provided by Devon Direct **The Fire Brigade will be in attendance**Any bonfire material can be delivered on the day after 3pm. No non-combustibles please i.e. mattresses & other items that would leave debris. Old pallets welcome.

This is the final year that Entertainments Club will organise this event. We hope that some other Community Organisation might consider running this popular annual Island event in the future.

HE SHAPINSAY SOUND

Wellbeing









Saturdays 9th& 23rd November

The Boathouse

Drop in from 2pm -4pm

Bring along your knitting, crotchet, sewing whatever craft you enjoy, stitch a yarn and have a yarn!

Refreshments provided

Everyone welcome

Any queries to Alison Meason 711733/711261



HE SHAPINSAY SOUND