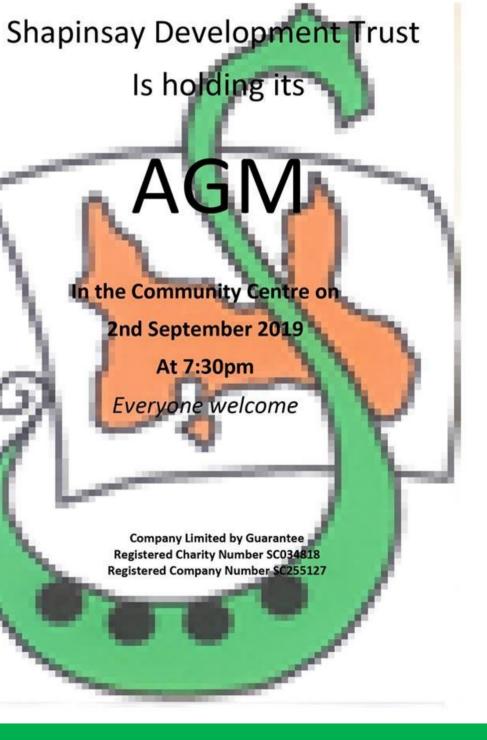


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The Shapinsay Sound



Shapinsay Medical Fund

Shapinsay Medical Fund Committee was set up in 1996 by Dr John Brooke who was GP for Shapinsay at the time. The purpose of the fund is to purchase equipment or items which would benefit the health care, comfort and wellbeing of the island residents. Historically much of the funding was utilised in equipping our island owned ambulance to ensure it is fit for purpose. The funds are accumulated through monetary gifts, often collections from local funerals. When larger value items are requested, fund raising events are held. The fund purchases equipment, which is deemed beneficial to patient care on Shapinsay. This would be equipment which is not provided by or funded by either NHS Orkney or the Heilendi practice. Funds may also be allocated to non-medical purchases, one such purchase being the armchairs in the surgery waiting room.

Most of our requests are received from members of the medical team in Shapinsay but we welcome suggestions from the community which should be submitted in writing to myself at the address below. At the Committee meetings suggestions are presented and discussed. There is always one of the Nurse Practitioners in attendance at the meetings solely on an advisory basis. If the request is for a piece of medical equipment, the Committee must seek advice from NHS Orkney first to ascertain their approval of the proposed purchase – occasionally NHS Orkney may purchase the equipment from their procurement budget or assist with funding, most importantly the NHS must agree to undertake servicing, maintenance and repair of all purchases.

Shapinsay Medical Fund information including recent purchases will be displayed in the shop, surgery and the MV Shapinsay.

<u>Requests</u> must be submitted in writing to:
Mrs June Bacon, Secretary,
The Old Manse
Shapinsay
KW17 2EÁ

Donations to be submitted to: Mrs Samantha Muir, Treasurer, Gorn Shapinsay KW17 1EB

Shapinsay Medical Emergency

In the event of a Medical Emergency:

CALL 01856 888000 (Balfour Hospital) ask them to contact the Shapinsay Nurse Practitioner.

They will require your name, address and a contact number you must explain that this is a medical emergency.

They may ask you to stay on the line while they contact the nurse on call, alternatively they will arrange for the nurse to call you back, this call is normally within five minutes from your initial contact with the Balfour switchboard.

Alternatively, you can contact 999 – they will take your details and contact the island Nurse Practitioner.

Please do not call the nurse directly.

Shapinsay Agricultural Association -Dogs/Pets

Class no. and Name	1 st	2 nd	3 rd
Class 53 Sheepdog	A&V More, Veantro – Benjamin Franklyn	J Hall, Lochend - Cara	
Class 54 Any Other Breed	R Cumming, 9 Millbank - Fennel	C Leslie, Sandsview - Charlie	Boyd Family, Newfield Cottage - Theo
Open Dogs Competition	Sarah Phillips & Jess	Archie Drever & Murphy	Murray Flett & Hector
Open Pets competition	Bethany Hall, Lochend – Sooty (rabbit)	Thomas Hall, Lochend – Scott (rabbit)	

OVERALL DOG CHAMPION: A & V More, Veantro & Benjamin Franklyn OVERALL DOG RESERVE: <u>R Cumming, 9 Millbank & Fennel</u>

Ostoft Pony



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Miniture Shetland Gelding **Glenfall Tickety Boo**

Winner National Shetland Show in Lerwick

Reserve Champion Gelding Champion owner/Exhibitor **Bred Geldina**

Shapinsay Agricultural Association -Horse

		l ad	
Class no. and Name	1 st	2 nd	3 rd
Class 1 <u>Turnout</u>	(1) Evans Family, QuoybanksDouble Mint Twist	(3) P Hollinrake & M Barker, Sandsend - Matilda	(2) Evans Family, Quoybanks – Tuskerbister Grace
Class 2 Mare and Foal	(6&7) J&J Booth, Ostoft – Glenfall Rose Petal & Glenfall Lady Veronica		
Class 3 <u>Youngstock (2 years</u>	(7) J&J Booth, Ostoft –	(8) P Hollinrake & M Barker,	
and under)	Glenfall Lady Veronica	Sandsend – Galway Mystery	
Class 4 In Hand	(3) P Hollinrake & M Barker,	(4) E Rendall, Braefoot - Pop-	(5) E Rendall, Braefoot - Za-
	Sandsend - Matilda	py	tries
Class 5 <u>Coloured</u>	(3) P Hollinrake & M Barker, Sandsend - Matilda	(9) J&J Booth, Ostoft – Top Rock Bladon	
Class 6 <u>Mountain and</u>	(2) Evans Family, Quoybanks	(7) J&J Booth, Ostoft –	(6) J&J Booth, Ostoft – Glen-
<u>Moorland</u>	– Tuskerbister Grace	Glenfall Lady Veronica	fall Rose Petal
Class 7 <u>Cobs</u>	(8) P Hollinrake & M Barker,	(3) P Hollinrake & M Barker,	(11) P Hollinrake & M Barker,
	Sandsend – Galway Mystery	Sandsend - Matilda	Sandsend - Bonnie
Class 8 <u>Veteran (ridden or</u>	(5) E Rendall, Braefoot - Za-	(2) Evans Family, Quoybanks	(1) Evans Family, QuoybanksDouble Mint Twist
inhand, over 15 years)	tries	– Tuskerbister Grace	

OVERALL HORSE CHAMPION: (3) P Hollinrake & M Barker, Sandsend - Matilda OVERALL HORSE RESERVE: (2) Évans Family, Quoybanks – Tuskerbister Grace



Kirk News

We'd like to thank everyone for their generous donations of food and goods to our Foodbank collection basket. All goods go where they are most needed and your help with that is much appreciated. There will now be a second collection point on the island – at the school. You can now donate food and toiletries through the school during the week and through the church on Sundays and other times when we meet there.

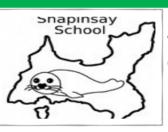
Latest figures indicate 2000 people live below the poverty line in Orkney which is a stark reality. In addition, we have one of the highest levels of fuel poverty, which is further hardship to the needy in our community where some must choose whether they 'heat' or 'eat'. The need is right on our doorstep – thank you for all you do to help.

Game On! Shapinsay project is developing. We now have a good selection of games – the full list is available at the Boathouse where most of the games are stored. Feel free to come to any of our organised games sessions (which are great fun!) or borrow games to use at home, school or community group. You can sign them out using a special notebook which can be found with the games. At this point we'd like to thank the Shapinsay Development Trust for letting us store the games at the Boathouse for public use. We're very arateful for this facility. With best wishes,

Julia

Contact me at: Rev Julia Meason, 874789, JMeason@churchofscotland.org.uk

Shapinsay School



As I write this we have only been back at school a few days, so don't have much news to share yet. We have welcomed **Archie** into the Nursery though, and have enjoyed a very calm and friendly start to the term. We now have 5 children in the Nursery, 8 in P2 - 4 (no P1s this year) and 11 in P5 - 7. The children have also been making the most of the new playpark at break times.

Before the summer, some of you were very kindly involved in helping us revamp our curriculum to make sure that children in Shapinsay School are learning things which

are relevant to them.

Included here is our new curriculum cycle for the primary children. Some topics are common to both classes, although they will obviously be met at different levels. Others are more suited to the older or younger children.

New topics include a bigger focus on farming and learning about different places around the world. Others have remained from the previous curriculum cycle. The children were included in planning what the curriculum included, and are involved in planning each term in more detail as each topic starts. Please do get in touch with us if you think you can help with anything that we are learning about in school this term.

At this time of year we are also putting the final touches to our School Improvement Plan for this session. One of our targets will be to make sure that our new curriculum cycle is meeting the needs of all children, and this will be an ongoing target. We will be looking in more detail at technologies, to make sure that the children are being taught about new technologies. This may include looking into grants and funding for new technology resources.

Our third target is focussing on Ethos and Wellbeing. It has been a few years since we last looked at our school vision, values and aims so we will be looking at them with the pupils, parents and members of the community. We want to make sure that we are a school where people (children and adults) feel Included, valued and welcomed.

Shapinsay School Part 2

Curriculum Overviews

P1-4					
Term / Year	Term 1	Term 2	Term 3		Term 4
2019 - 2020	Using what we have Materials, electricity, energy and recycling.	Down Under Australia and New Zealand, comparisons with Orkney. Christmas	Vikings Historical foo Vikings. Pantomine p		The Sea " The Year of Scotland's Coasts and Waters" Jesus and his disciples
2020 - 2021	Our Community Finding out about Shapinsay and the people who live and work here. This includes Shapinsay buildings such as the Kirk.	Weather Climate and weather studies. We will also look at Old Testament Stories.	Let's Play Sound, Sense Magnets and and instrume	Motion (Toys	Plants Growing plants, types of plants and parts of plants. Religious artefacts – Judaism
2021 - 2022	Ourselves The Human Body and staying healthy. Rights and Responsibilities "Everybody is different"	Shapinsay in the past and Shapinsay in the future How has life in Shapinsay changed and what will happen in the future? Includes study on David Balfour.	round the wo	performance	Stories Telling stories. Parables of Jesus. Computers and Coding
2022 - 2023	Made in Orkney Products made in Orkney, including food and crafts. Religious buildings in Orkney.	Festivals of Light Hannukah, Christmas, Diwali Light	Space Earth, Sun and Moon. Creation stories from different religions	Ancient Civilisations Life in Ancient Times.	Animals and Habitats Animals and where they live. Adaptations and food chains. Religious artefacts – Hindu

Shapinsay Handbells



Shapinsay Handbell group will be starting again on Monday 2nd September. We will meet in the music room from 7.30pm to 8.30pm each Monday.

We will be using the new tone chimes which have been purchased with help from several community groups. No musical ability is required, and children are welcome to join in with an adult.

The cost is £1.50 for adults and £1 for children.

If you would like to find out more please come along on Monday 2nd, or contact Emma Clements.

Shapinsay Agricultural Association—Sheep, Goats

Class 38 <u>Crossbred Ewe</u> Lamb	J Leslie, Odinstone	J Leslie, Odinstone	E Rendall, Braefoot
Class 39 <u>Crossbred Shearling</u> Ram	E Rendall, Braefoot		
Class 40 Caddy Lamb			
**Ewe & Lamb/Lambs pen for specials	P&M Miller, Haquoy		

SHEEP OVERALL CHAMPION: <u>E Rendall, Braefoot</u> SHEEP OVERALL RESERVE: <u>P&M Miller, Haquoy</u>

Class 41 Nanny Goat	A&V More, Veantro	A&V More, Veantro	J Hall, Lochend
Class 42_Female Kid Goat	J Hall, Lochend	J Hall, Lochend	
Class 43 Male Kid Goat	A&V More, Veantro	J Hall, Lochend	

GOAT OVERALL CHAMPION: <u>A&V More, Veantro</u> GOAT OVERALL RESERVE: <u>J Hall, Lochend</u>



OVERALL POULTRY CHAMPION: (140) A&V More, Veantro OVERALL POULTRY RESERVE: (157) J Hall, Lochend

	· · · ·		
Class no. and Name	1 st	2 nd	3 rd
Class 44 Heavy Breed Hen	K&S Meason, Frustigarth	K&S Meason, Frustigarth	Boyd Family, Newfield Cottage
Class 45 <u>Heavy Breed Cocker-</u> <u>el</u>	A&V More, Veantro	J Hall, Lochend	J&J Booth, Ostoft
Class 46 Small Breed Hen	Muir & Sons, Gorn	L Mellor, Haughland	D&U Hurst, Strathore
Class 47 <u>Small Breed Cocker-</u> <u>el</u>	Muir & Sons, Gorn	A&V More, Veantro	D&U Hurst, Strathore
Class 48 Bantam Hen	Muir & Sons, Gorn	J Hall, Lochend	
Class 49 Bantam Cockerel	J Hall, Lochend	Muir & Sons, Gorn	D&U Hurst, Strathore
Class 50 Miniature Duck			
Class 51 Duck	J Hall, Lochend		
Class 52 <u>Drake</u>	J Hall, Lochend		

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Shapinsay Agricultural Association — Sheep

CLASS No & Name	1 st No & Farm	2 nd No & Farm	3 rd No & Farm
Class 22 Pure Texel Ewe	E Rendall, Braefoot	P&M Miller, Haquoy	P&M Miller, Haquoy
Class 23 Pure Texel Gimmer	P&M Miller, Haquoy	P&M Miller, Haquoy	E Rendall, Braefoot
Class 24 <u>Pure Texel Ram</u> Lamb	P&M Miller, Haquoy	E Rendall, Braefoot	
Class 25 <u>Pure Texel Ewe</u> Lamb	P&M Miller, Haquoy	P&M Miller, Haquoy	E Rendall, Braefoot
Class 26 <u>Pure Texel Aged</u> <u>Ram</u>	P&M Miller, Haquoy		
Class 27 <u>Pure Texel Shearling</u> Ram	E Rendall, Braefoot		
Class 28 Pure Beltex Ewe	P&M Miller, Haquoy	D&U Hurst, Strathore	
Class 29 Pure Suffolk Ewe	E Rendall, Braefoot	E Rendall, Braefoot	
Class 30 Pure Suffolk Ewe Lamb	E Rendall, Braefoot		
Class 31 <u>Pure Suffolk Ram</u> Lamb	E Rendall, Braefoot		
Class 32 Pure Ewe	P&K Evans, Old School	J Hall, Lochend	J Hall, Lochend
Class 33 Pure Ewe Lamb	J Hall, Lochend	P&K Evans, Old School	
Class 34 Pure Ram	P&K Evans, Old School	J Hall, Lochend	
Class 35 Crossbred Ewe	P&M Miller, Haquoy	P&M Miller, Haquoy	P&M Miller, Haquoy
Class 36 Crossbred Gimmer	P&M Miller, Haquoy	E Rendall, Braefoot	P&M Miller, Haquoy
Class 37 <u>Crossbred Wedder</u> Lamb	J Leslie, Odinstone	P&M Miller, Haquoy	E Rendall, Braefoot



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Shapinsay School Part 3

P5 – 7 Science History Geography Technologies RME

Term / Year	Term 1	Term 2	Term 3	Term 4
2019 - 2020	Energy sources & sustainability Scotland's history Christianity Festivals in the Christian Life & Christian Year Textiles – peg loom weaving (wool) Powerpoint skills	Electricity Another country (non-European) World Religions – Hinduism Textiles – collage Graphics – Paint	Animals (invertebrates, life cycles, using ID keys) Earth (soils) Orkney Christianity – Lent & Easter Digital Programming – Scratch animation	Sea (water & food chains) Plants (flowering) Aztecs & Mexico World Religions – agnosticism, humanism Internet safety 1 Models – using cams
2020 - 2021	Materials World Geography World Religions – Sikhism Textiles – making felt	Human Body World War 2 Christianity Advent & Christmas Textiles – sewing with felt/other cloth	Solar System Earth (structure) Romans World Religions Judaism Models – puppets Digital Programming– code.org game design	Forces & Motion 1 Plants (non-flowering) Medieval Times Christianity – Beliefs & Values Internet safety 2 Graphics – manipulating photographs
2021 - 2022	Animals (vertebrates & 7 life processes) Scotland's geography Christianity - Life of Jesus Textiles embroidery	Light, Sound & Senses Chronology World Religions – Buddhism Textiles – weaving wool	Forces & Motion 2 Europe (France/Spain) World Religions – Islam Digital – BBC microbit Programming lights & sounds	Microorganisms Earth (rocks) Victorians/Industrial Revolution Stories Christianity – Parables Internet safety 3 Models – moving vehicles

Shapinsay Lunch Club



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Lunch Club Wednesday 11th September 12.15 Club Rooms

Our minister is walking St Magnus Way for HIV

This year I am walking St Magnus Way to raise funds for the HIV Programme of the Church of Scotland.

My prompt for a fundraiser came with the new Church of Scotland fundraising initiative called **All Tied Up.** The HIV Programme of the Church of Scotland have their own red shoe laces which you can obtain from them and take them for a sponsored walk wherever you like to raise funds for the projects.

My interest in HIV and Aids begun when I was a teenage volunteer with the Polish Red Cross. As volunteers we demonstrated First Aid skills, entertained various groups in nursing homes, hospitals and children's homes, encouraged folk to donate blood and raised awareness of HIV and Aids. That's when I heard about it for the first time.

A few years later I came across a poster from the Methodist Church of South Africa stating 'The Church has HIV/Aids. It was based on the passage from 1 Corinthians 12:26 which says: 'If one part of the body is affected, the whole body suffers.' It really struck me as I deeply believe in God and love his Church. Even though HIV wasn't part of my immediate life, that poster struck a chord. So, when the new fundraising initiative was launched last December, it all came together. With my friend Barbara Cordukes we've been speaking of walking St Magnus Way and now I had a cause.

In 2019 37 million people live with HIV worldwide. That's huge.

The Church of Scotland works with other churches and faith-based partners in various places around the globe to raise awareness as well as bring some practical help and much needed hope. They are involved with $1\overline{2}$ projects in 13 countries, including Scotland.

The Church of Scotland HIV Programme supports the partner projects with an amount towards part of the work they are doing – usually around £4,000 a year. Partners do work in all sorts of different areas – from education, voluntary testing and counselling to care and support. For example, in Edinburgh there is a Supportive Transport Service available to folk affected by HIV and Aids which takes patients to medical appointments. They work in partnership with the Presbyterian Church of Nigeria who offer counselling, nutritional supplements, advice and support groups to people living with the virus.

Thanks to those and many other projects the situation is getting better. Aids-related deaths have been reduced by more than 51% since the peak in 2004. It's possible to lead a good life with HIV. You can read more about the work the HIV Programme is involved with here: http://www.churchofscotland.org.uk/serve/ world mission/get involved/hiv programme.

Throughout the summer 2019 we walked the six legs of St Magnus Way.

We started by going to Egilsay on the 30th March. The second leg of this 55-mile long pilgrimage route was the longest and most strenuous. We completed it on the Saturday in the Holy Week, the 20th April. The third leg took us from Birsay to Dounby on the 1st June, the fourth from Dounby to Finstown on the 12th July and the fifth from Finstown to Orphir on the 3rd August.

As we were walking St Magnus Way on our days off, between different commitments of both, it took us a few months to compete the whole route. Our planned date for the final St Magnus Way walk is the 7th September (Orphir to Kirkwall).

You can get Involved by donating through our JustGiving pages: https://www.justgiving.com/crowdfunding/ ulia-meason and https://www.justgiving.com/crowdfunding/barbara-cordukes or by giving the money directly to me by the end of September.

The support we both got so far is so encouraging – thank you!

Shapinsay Agricultural Association—Cattle

		1	
CLASS No & Name	1 st No & Farm	2 nd No & Farm	3 rd No & Farm
Class 9 Pure Limousin Aged Bull			
Class 10 <u>Pure Limousin Cow</u> <u>in milk or in calf</u>	(16) R&J Johnston, Hewan		
Class 11 Pure Limousin Heifer <u> – calved after 1st Sept 2018</u>	(17) R&J Johnston, Hewan		
Class 12 <u>Pure Limousin Bull</u> <u>Calf – calved after 1st Sept</u> <u>2018</u>	(18) R&J Johnston, Hewan	(19) J Leslie, Odinstone	
Class 13 Cow in milk or in calf	(21) J Leslie, Odinstone	(22) K&S Meason, Frustigarth	
Class 14 Heifer in calf	(23) J Leslie, Odinstone		
Class 15 <u>Steer showing</u> calf teeth	(25) T&J Leslie, Quoymorhouse	(26) T&J Leslie, Quoymorhouse	
Class 16 <u>Heifer showing</u> calf teeth	(27) R&J Johnston, Hewan	(28) J Leslie, Odinstone	
Class 17 Steer calf calved after 1 st Sept 2018	(29) J Leslie, Odinstone		
Class 18 <u>Heifer calf calved</u> after 1 st Sept 2018	(30) R&J Johnston, Hewan		
Class 19 <u>Steer calf calved after</u> <u>1st Dec 2018</u>	(31) T&J Leslie, Quoymorhouse	(33) K&S Meason, Frustigarth	(32) K&S Meason, Frustigarth
Class 20 <u>Steer calf calved after</u> <u>1st March 2019</u>	(35) T&J Leslie, Quoymorhouse	(34) T&J Leslie, Quoymorhouse	(37) Muir & Sons, Gorn
Class 21 <u>Heifer calf calved</u> after 1 st March 2019	(38) T&J Leslie, Quoymorhouse	(40) T&J Leslie, Quoymorhouse	(39) T&J Leslie, Quoymorhouse

CATTLE OVERALL CHAMPION: (23) J Leslie, Odinstone CATTLE OVERALL RESERVE: (38) T&J Leslie, Ouovmorhouse



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