January 2018

MON	TUE	WED	THU	FRI	SAT	SUN
1 HOLIDAY	2 HOLIDAY	3 Fatburn 6.15pm Philosophy for Community 7.30pm Kirk	4 Gym 7-9pm Music 8pm	5 Gym 9.30—11am Donna Heddle 12.30-2.30pm in the Boathouse Fatburn 5pm	6	7 Gym 10-11.30am Kirk 12noon Rev J Meason, shared lunch
8 Start of Term Fatburn 6pm Gym 7pm9pm	9 Playgroup 1.30pm Junior Badminton 6.30-7.30pm primary 7.30-8.30pm secondary Adult badminton 8pm	10 Fatburn 6.15pm	Gym 7-9pm Music 8pm	12 Gym 9.30—11am Care in the Isles 1-3pm in the Boathouse Playgroup 3pm Fatburn 5pm Youth drop in 8.30pm	13 Youth drop in 7.30pm	14 Gym 10-11.30am 12noon Kirk Worship Group
Fatburn 6pm Gym 7pm9pm Handbells 7pm	16 Playgroup 1.30pm Junior Badminton 6.30-7.30pm primary 7.30-8.30pm secondary Adult badminton 8pm	17 Fatburn 6.15pm	18 Library Van Gym 7-9pm Music 8pm	19 Gym 9.30—11am Playgroup 3pm Fatburn 5pm Youth drop in 8.30pm	20 Elwick bookwrights 10.15-1.30pm Youth drop in 7.30pm	21 Gym 10-11.30am Kirk 12noon Val Kitchen
22 Fatburn 6pm Gym 7pm9pm Handbells 7pm	23 Playgroup 1.30pm Junior Badminton 6.30-7.30pm primary 7.30-8.30pm secondary Adult badminton 8pm	24 Lunch Club Fatburn 6.15pm	25 Gym 7-9pm Music 8pm	26 Gym 9.30—11am Playgroup 3pm Fatburn 5pm Youth drop in 8.30pm	27 Youth drop in 7.30pm	28 Gym 10-11.30am Kirk 12noon Rev Julia Meason
29 Fatburn 6pm Gym 7pm—9pm Handbells 7pm	30 Playgroup 1.30pm Junior Badminton 6.30-7.30pm primary 7.30-8.30pm secondary Adult badminton 8pm	31 Fatburn 6.15pm				

Care in the isles — your ideas wanted!



A new research project is seeking to explore the provision of social care for older people in the island, and identify possible innovative models of care from other communities that could be adapted for use in Shapinsay. The research is supported by Robert Gordon University, Highlands and Islands Enterprise and Voluntary Action Orkney, and funded by the Aspiring Communities Fund with European Social Funds. The research team, Rosie Alexander and Dr Sue Barnard will be in Shapinsay on Thursday January the 11th and would like to hear your views!

You can join in by attending the island workshop being held on the 11th January between 1 and 3pm at the Boathouse. You can also by volunteer for an interview, and/or contribute your ideas in confidence via a suggestions box at the shop noticeboard or by contacting the research team directly. We are especially keen to hear from people who have some experience of care either as providers or recipients but are interested in all views.

Please contact researcher Rosie direct to register your interest in the workshop, or to volunteer for an interview rosie.alexander@vaorkney.org.uk.



Advice, Assistance and Support is available from THAW Orkney in The Boat House

29th January 2018, 11am - 2.30pm

THAW Orkney are here to help assist those households in Shapinsay who may be in fuel poverty, or on a low income, or in debt, or with child care or caring responsibilities, or who are coping with long-term health issues. THAW is a local charity whose services are provided free whose aim is:

'To work for households in all Orkney communities to reduce levels of fuel poverty and achieve affordable warmth'.

You may have been involved in energy saving programmes before and due to the complexity of some of these programmes, not been able to make progress or complete the processes required. We know that feeling! That's why THAW provides advisers who will act on your behalf if you wish, who will liaise and ensure any actions or referrals are followed-through to completion.

In the meantime, if you'd like any assistance from us, either in our Kirkwall office or in your own home, then please contact THAW Orkney on: 01856 878388, or email - info@thaworkney.co.uk



THAW Orkney is a SCIO charity number SCO45272